



CONFIDENCE PURPOSE RESPECT

You can also see regular updates on our school Facebook page by clicking here: [facebook](#)



Headteacher's Message

The start of 2025 has been a positive one and we are working hard to raise standards with a particular focus on uniform. Thank you for your support with this as students are wearing their uniform with pride and attention to detail. Education never stands still, and you can read in this edition how we prepare students for their next steps at post-16. I know Year 11 are preparing for the big push before the final exam series and as a community we will support them through this.

Important Upcoming Dates

Tuesday 21st January: Year 9 Vaccinations
Thursday 30th January: Year 11 Parent and Pupil Information Evening
Tuesday 4th February: Year 9 Parents' Evening
Monday 10th February: Year 11 Mock Exam Series 2 Begins
Friday 14th February: Year 8 Vaccinations
Friday 14th February: School Closes for Half Term

What Timetable Week Is It?

W.B. 20/1/24 =
WEEK B

W.B. 27/1/24 =
WEEK A

Year 11 Parent and Pupil Information Evening

As we approach Mock Series 2 and get closer to the GCSE summer exams, we would like to invite parents and carers of Year 11 parents in to school to share information about the months ahead on **Monday 30th January from 6pm**. Our information evening will commence with a 30-minute presentation on the upcoming mocks and what we are offering to support pupils in and out of school. We will also provide input into how to support you as parents with what good revision should now look like. After the presentation, we will have a significant selection of discounted revision guides on offer to support students at home and Post-16 and Careers information in the foyer. We will be joined on the evening by Senior Leaders and a selection of Subject Leaders for more personalised discussions where necessary.

Important Notice

Year 11 GCSE Mock Series 2

The second series of mock exams for Year 11 begins soon! This is the last 'trial run' of exams before the real exams begin in May. This is not far off! We've divided the remainder of the Year 11 students' time with us here into three 'Phases' to help best prepare them:

- Phase 1: Preparing for Mock Series 2 and learning from the experience
- Phase 2: Preparing for the summer exams
- Phase 3: Support during the exams

If you are a Year 11 parent you will have received an email outlining all the intervention and revision/support sessions on offer in this first phase, but over the next two pages you can see what this first phase entails and find out about the reward card we have designed to support and praise students and the full outline of all intervention sessions taking place in school. We'll be in touch before half term about the sessions that will be taking place during that holiday period.

Exam revision student support

Intervention and Revision Phase 1

To support students in 'chunking' their revision, and in planning for their mock exams and summer exams, we've broken the remaining school weeks into three 'phases.' Each phase contains 6 school weeks and a holiday period, and each has a dedicated intervention and revision plan within school. Phase 1 begins this week, with a focus on helping students successfully complete and reflect on their mock exam series 2. Phase 2 will follow on from that and will take the students up until the start of the summer exams. Phase 3 will include the support offered during the summer exams. On the next page you can see the weekly timetable for Phase 1 intervention and revision.



Year 11 Intervention and Revision Loyalty Card

All students in Year 11 will be given an 'Intervention and Revision Loyalty Card' as a way to incentivise their attendance at support sessions in school. Students need to get their teacher to sign or stamp the card every time they attend an intervention or revision session in Phase 1. Each in school revision session (lunch time, after school or small group sessions) is worth 1 stamp in the card and each half term session is worth 2 stamps. Achieving enough stamps in the card will result in rewards for students, including gift cards, free meals and reduced prices on their tickets for the end of year prom. You can also look at their cards to see which sessions they have been attending.



Year 11 Intervention and Revision Timetable

Phase 1: 20th January – 7th March 2024

	Lunch (12.45pm-1.20pm)	After School (3.30pm-4.30pm)
Monday	<p>English in E4 (Extended Writing) Media in IT2 (Coursework Catch Up) Computer Science in IT1 (Computer Systems/Data Representation) Food Technology in IT3 (Coursework Support) Hair in IT3 (Coursework Support)</p>	<p>Maths in M1 and M6 (Securing a 4+) Science in L1-L5 (Paper 1 Content) Triple Science (Physics/Biology) in L2 (Firm Foundations) Food Technology in IT3 (Coursework Support) Hair in IT3 (Coursework Support) History in HI1 (Anglo-Saxons and Normans) H&SC in IT2 (Coursework Catch Up)</p>
Tuesday	<p>Maths in M3 (Securing a 5+) Science in E4 (Exam Skills: Maths Skills for Science) Business in IT2 (Unit 4 Revision for Mock 2) Drama in IT3 (Written Components) Design Technology in T2 (Support with NEA Practical Projects)</p>	<p>Science in L1 (Triple Chemistry)</p>
Wednesday	<p>English in E1 (How Does the Writer...) Geography in GG1 (Fieldwork Completion/Revision)</p>	<p>Maths in M4 (Class 5 and Class 6 Support Sessions) Maths in M3 (Securing a 6s and 7s) English in E1 and E4 (Literature: Macbeth and Poetry) Drama Practical in the Main Hall Computer Science in IT1 (Computer Systems/Data Representation) History in HI1 (Vietnam and Paper 3)</p>
Thursday	<p>Science in L4 (Firm Foundations) Art in A1 (Project Work) Design Technology in T2 (Support with NEA Practical Projects) Spanish in MFL1 (Exam Preparation and Speaking Practice)</p>	<p>Maths in M5 (Targets 5/6) Art in A1 (Project Work) Media in IT2 (Coursework Catch Up) Design Technology in T2 (Support with NEA Practical Projects)</p>
Friday	<p>English in E1 (Extended Reading Questions) Triple Science (Biology) in E4 (High Demand Question Skills) Geography in GG2 (Paper 2 Case Studies/Exam Technique) Design Technology in T2 (Support with NEA Practical Projects)</p>	<p>PE in SG (Unit by Unit Revision and Extended Answers)</p>

Highlighted sessions are invitation only. Invited students and their parents will be informed. Other sessions are open to any student who takes that subject.



Carnforth
High School

Year 11 Mock Exam Timetable

WA: Monday 10th February—Friday 14th February 2025

	Monday 10 th February		Tuesday 11 th February		Wednesday 12 th February		Thursday 13 th February		Friday 14 th February						
	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time			
P1	9.20am	Triple Biology Trilogy Biology	1hr 45 1hr 15	9.20am	Maths paper 1H/F (Non-Calculator)	1hr 30	9.20am	English Language (component 2)	2hr	9.20am	Maths 2H/F (Calculator)/	1hr 30	9.20am	English Literature	2hr
P2	10.20am			10.20am			10.20am			10.20am			10.20am		
BREAK TIME															
P3	11.40am			11.40am			11.40am			11.40am			11.40am		
P4	1.25pm	History Paper: Crime and Punishment & Cold War	1hr 50 min	1.25pm	Spanish reading F/H H:DS F:Main Hall	H:1hr F: 45min	1.25pm	Food2 Media P1	1hr45 1hr30 mins	1.25pm	Hair P2 DT 2 Drama	2hr 2hr 1hr45m in	1.25pm	Geography p:1&3 combined	1hr20 min
P5	2.25pm			2.25pm	Spanish Listening F/ H	H: 45min F:35 min	2.25pm			2.25pm			2.25pm		



Carnforth
High School

Year 11 Mock Exam Timetable

WB: Monday 24th February — Friday 28th February 2025

Monday 24 th February			Tuesday 25 th February			Wednesday 26 th February			Thursday 27 th February			Friday 28 th February		
Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time	Start	Subject	Time
P1	9.20am Triple Chemistry Trilogy Chemistry	1hr 45 1hr 15	9.20am	Maths Paper 3 H/F (Calculator)	1hr 30 min	9.20am	Triple Physics Trilogy Physics	1hr 45 1hr 15	9.20am	Business CS	1hr 1hr45	9.20am	Media P2 (Main Hall)	1hr30 mins
P2	10.20am		10.20am			10.20am			10.20am			10.20am	Catch up All Day	
BREAK TIME														
P3	11.40am		11.40am			11.40am			11.40am			11.40am		
P4	1.25pm Geography paper2	1hr30 min	1.25pm History P3:USA (Civil Rights & Vietnam)	1hr25 mins	1.25pm PE: Fitness & Body system	1.25pm	Spanish writing F H	f:1hr H:1hr 15 min	1.25pm			1.25pm		
P5	2.25pm		2.25pm			2.25pm			2.25pm			2.25pm		



Year 11 Prefects 2024/25

We have appointed our Year 11 Prefects for this academic year! These students applied to develop their leadership skills during their time with us, which will boost their confidence and be a great addition to their CVs. CHS Prefects can be spotted by the special red ties they wear. Younger students know that they can always seek the Prefects out if they need any help. The Prefects have also been assigned duties in school, including supporting with extra-curricular clubs and activities and heading into Year 7 forms each morning to support the students.



Move to a Summer Open Evening

We have traditionally held our annual Open Evening event in September, at the start of the academic year. However, this year we are moving to a summer Open Evening event! The provisional date for this year's Open Evening is Tuesday 24th June 2025. We are looking forward to welcoming students and parents from Years 5 and 6 at this time to let them see everything that is great about our school. Please keep this date in your calendar if you have a child that is interested in joining CHS, and please share this information with anyone else you know who may be interested.



"Pupils said this is a happy school"



"Extensive range of additional opportunities"



"Pupils achieve well"



"A broad and balanced education"
Ofsted, 2021

Continued Push on Correct Uniform

Please remember that we are having a specific focus this half term on ensuring that all students attend school in full and correct uniform. The staff who greet students at the gate and door each morning, as well as form tutors in form time each morning, will speak to your child if they have any uniform concerns and **help them to correct the issue**. If they then alter their uniform in a way that contravenes our policy, any staff who see this for the remainder of the day will issue them a sanction, which includes a lunchtime 'uniform detention.'

Please see the information below (which is regularly shared with students) around what constitutes correct and incorrect uniform at our school:



Reminders - Correct uniform

- **Shirt: blue (7-9) or white (10 & 11)** - tucked into skirts/ trousers, top button done up.
- **School tie** – worn over the top button of your shirt
- **Black pleated skirt or tailored trousers** (must have a button and zip fastening)
- **School jumper** (Yrs 8-11) or school blazer (yr 7, optional for other years)
- **Black leather or leather-look shoes**
- **Black, plain socks**
- **School bag**



Reminders - Incorrect uniform

- No bobbles/ clips/ bands at the back of skirts & jumpers
- Skirt waistbands must not be rolled over
- No false eyelashes/ nails/ hair adornments & bows
- Permitted jewellery = watch & 1 pair of plain stud earrings only
- Discreet make-up only
- Coats are not to be worn indoors (if there's a ceiling above, coats must be off)
- Hoodies/ non-school jumpers must not be worn under blazers
- Frilly or non-black socks must not be worn
- School bag must be brought every day

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Life Skills at CHS

As part of your child's education at CHS, we promote personal wellbeing and development through a comprehensive Life Skills curriculum. This subject gives students the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. We hope that our students learning will be a constant conversation throughout their time at CHS, with their teachers, form tutors and with adults they trust at home too. Below are the topics that we are covering in Life Skills this year (you may have to zoom in, there's a lot going on!). If you get the opportunity, please do speak about these topics with your children outside of school too.

LIFE SKILLS: Scheme of Learning Long Term Plan

Week	Year 7	Year 8	Year 9	Year 10	Year 11
1	What is Life?	Actions have consequences	Friendship Challenges	Dealing with Change	Income & Tax
2	Personal Beliefs	P&D – Religion	Gangs & Violent Crime	Managing Change	Income & Pensions
3	Personal Skills	P&D – Disability	County Lines	Reframing negative thinking	Somewhere to Live (ICT)
4	Human Rights	P&D – Difference	Drugs & effects	Depression, Anxiety & Misconceptions	Getting to work (ICT)
5	Water safety	Being an active bystander	Drugs & the law	Managing Mental Health	Just until pay day
6	How do I manage my time?	Police & Emergency Services	Drugs & Risk	Alcohol & Mental health	Risk & Reward 1
7	How do I manage my sleep?	Courts	Sexuality Timeline	Substances & Risk-taking behaviour	Risk & reward 2
8	How do I manage my diet?	Prisons	Consent & Assumptions	Drugs & Safety	Digital Footprints
9	How do I manage diet & exercise?	Online safety	Consent & Consequences	Prescription Drugs	Conflict Management
10	How do I manage my feelings?	Online Propaganda	Sexting	Tattoos & Piercings	Dealing with Exam Stress
11	How do I manage my money?	Should I watch that	Healthy & Unhealthy Relationships	Cosmetic & Aesthetic Procedures	Personal Safety
12	Autumn Term Assessment	Autumn Term Assessment	Autumn Term Assessment	Autumn Term Assessment	Autumn Term Assessment
13	How do I manage relationships?	Live Streaming & Gaming	Public Sexual Harassment	Talking about sex	Drugs – Managing Influences
14	What is a good friendship?	Drugs & Caffeine	Managing Unwanted Attention	Enthusiastic Consent	Drugs – Help Seeking
15	Online safety	Drugs & Nicotine	Bullying or Banter?	Consent: Pressure, Persuasion & Coercion	Online Sexual Harassment
16	Social media – the pros and cons	Saving & Borrowing	Managing my Money	Impact of Pornography	Responding to Sexual Harassment
17	Bullying or Banter?	What's it worth	Gambling & Addiction	Consent – Pornography	Reporting Online Sexual Harassment
18	Cyberbullying	Fraud	Avoiding Debt	Revenge Pornography	Self-examination
19	Peer Pressure	Budgeting	Financial Exploitation (fraud)	Sexual Harassment	Grief & Bereavement
20	Online Bullying	Consent	Identity Fraud	Reporting sexual harassment	Suicide prevention
21	Peer on Peer Abuse	Safe Relationships	Mental Health & Anxiety	Relationship Abuse	Expectations around sex
22	Puberty	Comparisons	Positive Mental Health	Marriages	Consent: responsibilities & consequences
23	Spring Term Assessment	Body Shaming	Unhealthy vs Healthy coping strategies	Conflict Management	Consent: Communicating wants & needs
24	Puberty & me	Body Confidence	Mental health & alcohol	Spring Term Assessment	Contraception
25	Puberty & periods	Spring Term Assessment	Spring Term Assessment	Digital Footprints & Careers	Safe sex
26	Identity & Diversity	Sexting & Nudes	Careers	Skills for employment	Fertility & options
27	Immigration	Dangers of pornography	Skills for Employment	Understanding behaviours for work	STI's
28	Diversity & Extremism	The Unwritten Rules of being a man	Employability	Understanding the workplace	Pregnancy & Miscarriage
29	Relationships – starting with me	Gender based violence & misogyny	Jobs & Occupations	Employment rights & responsibilities	Abortion – incl. emergency contraception & unwanted pregnancy
30	Consent	Choices & timings	Workplace relationships & employer expectations	Careers – workplace relationships	Having a baby, adopting & fostering
31	Human Reproduction & sex	Age-appropriate relationships & intimacy	Spotting Extremist Views	Making applications & careers	Parenting
32	Attraction & crushes	Red flags & ending relationships	Extremism & Radicalisation	Privilege	Coercive control
33	FGM & forced marriage	Contraception	The History of UK Democracy	Racism	Coercive control
34	Smoking & Vaping	STI's	Politics & Me	Sexuality	
35	Alcohol	Sepsis	Our Political Party 1	Extremism	
36	Cannabis	First Aid - bleeding	Our Political Party 2	Trade Unions	
37	Nitrous Oxide	My personal & academic strengths	Local Democracy	Budgeting	
38	Driving & Road Awareness	Different Careers (ICT)	Community Involvement	Homelessness	
39	Growth Mindset	My Career Ladder (ICT)	Growth Mindset	Blood, organ & stem cell donation	

We have designed the Life Skill curriculum to meet all of the Department for Education's changes in the past few years to Relationships and Sex Education (RSE). As a reminder, it is also a requirement for us to let you know that if you do not want your child to take part in some or all of the sex education lessons that we deliver, you can ask that they are withdrawn. Please be aware that this is only lessons relating to the parts of the curriculum to do with sex education and not relationship education. You will be asked to come into school to discuss this decision and we will grant this in all but exceptional circumstances, up until three school terms before your child turns 16, at which point they must choose for themselves. If you have any questions about this or any part of the Life Skills Curriculum then please email Mrs Sherlock, Teacher in Charge of Life Skills at: ssherlock@carnforthhigh.co.uk.

PLANS IN PLACE

Careers Fair 2024/25

At this time of year, we have a strong focus on supporting our Year 9 students through their Options Process and in ensuring that our Year 11 students have well-informed and aspirational plans in place for both post-16 and beyond. To facilitate this, we held our annual Careers Fair just before Christmas on 13th December. We welcomed 36 visitors to speak to all of Year 9 and 11, with a Careers Fair in our Sports Hall and talks taking place in our Main Hall. A massive thanks to all our visitors and well done to our students for engaging so proactively and respectfully with all the visitors.



Our visitors on the day included the NHS, Ripley St Thomas Sixth Form, Lancaster and Morecambe College, The British Army, Kendal College, Persimmons Homes, Myerscough College, EDF Energy, Ripley Initial Teacher Training, Lancaster Training Services Ltd., BAE Systems, Lancashire Police, The Queen Elizabeth School Sixth Form and the RAF.

BAE SYSTEMS





Year 10 Work Experience Update

Please remember that Year 10 students now have less than 6 weeks before the deadline of Friday 28th February to organise their placements. Below is a copy of the letter sent to Year 10 parents last week.

Work Experience Process 2024/25



January 2025

Dear parent/guardian,

I wrote to you in November to make you aware of our Work Experience plans for this academic year. **All students in Year 10 need to be out on Work Experience during the Work Experience Week, which is Monday 23rd – Friday 27th June.**

That previous letter, which outlines how you and your child need to use the Unifrog platform (www.unifrog.org/sign-in) to organise their Work Experience placement, can be found on our school website here: <https://www.carnforthhigh.co.uk/school-life/careers/> within the 'Work Experience' section.

Due to the competitive nature of Work Experience placements, it's important that you work with your child to organise a placement as soon as possible (many thanks to those who have already begun, or completed, this process).

A guide to support students is also available on our website. Students were given this guide, shown how to identify placements, how to contact placements and how to add the details to Unifrog during Enrichment Day 1. They have also been reminded about this in assemblies.

In short, students need to:

- Identify a sector in which they would like to work (e.g. 'law' or 'plumbing')
- Contact businesses in this sector to see if they will accept them for the Work Experience Week
- If accepted, get the employer's name, email address and the address of the business
- Enter these details into the 'Placement' tool on Unifrog
- Unifrog will then contact the employer to check that everything needed is in place, including Employer's Liability Insurance and Risk Assessments (if the employer cannot show that they have these things then a student will not be allowed on placement)
- Unifrog will then contact you as the parent to confirm that you agree to the placement

To ensure that there is sufficient time to check all placements in advance of Work Experience Week (and make alternative arrangements, etc. if there are any issues) there is a deadline for the organising placements.

You need to ensure that you your child has entered the details of their chosen Work Experience placement onto their Unifrog account by Friday 28th February.

If you need further help or guidance with the Work Experience process (and can't find what you're looking for on our website) I am available to contact for support at this email address:

emcgauran@carnforthhigh.co.uk.

Lancaster District Jobs and Careers Fair

Please see the flyer below for a larger Careers Fair coming up in Lancaster. You can click on the QR code below or here for information: [Lancaster District Careers Fair](#)

LANCASTER DISTRICT JOBS AND CAREERS FAIR 2025

28TH JANUARY 2025 | 1-6PM

ASHTON HALL, LANCASTER TOWN HALL



SCAN THE QR CODE TO REGISTER



Funded by
UK Government

LANCASTER
CITY COUNCIL

Promoting City, Coast & Countryside

'Foster With Us' Lancashire

Please see the important message below from 'Foster With Us,' who are working hard to address the current shortage of foster carers for children and young people in our local area:

We are a fostering hub funded by the Department for Education, dedicated to recruiting and retaining foster carers within five local authorities, including Lancashire County Council. As a non-profit organisation, we are deeply committed to creating more homes for children in need.

mission is to address the current shortage of carers by connecting with and recruiting as many foster carers as possible for local children and young people.

To learn more about Foster with Us, please visit our website at <https://fosterwithus.org.uk>, or follow us on Facebook (@fosterwithus) and Instagram (@fosterwithushub).



YOU CAN Foster with us
BLACKBURN WITH DARWEN, BLACKPOOL, CUMBERLAND
LANCASHIRE, WESTMORLAND & FURNESS

 **fosterwithus.org.uk**

 **0300 019 0200**

Share your home. Shape their future.

In partnership with

Lancashire
County Council 

'Carers Help Advisory Training and Support' – CHATS!

Please see below and on the following page for the latest events being run in our area by CHATS, in association with the NHS.



Do you have questions for our local
Labour MP Lizzi Collinge?

Would you like to speak directly to
SENDIASS?

If you come to our February **Social Café**
you can ask those questions!

Lizzi Collinge and **Gail** from **SENDIASS** will both
be attending our next **Social Café** meeting!

This is a fantastic opportunity for parents and
carers in our area to get their voices heard by
the people that can make things happen!

Friday 7th February - 10am - 12pm

More Music

13-17 Devonshire Rd, West End,
Morecambe LA3 1QT



**Lancashire &
South Cumbria**
NHS Foundation Trust



Upcoming Events

New Year to Easter holidays

No Social Café in January

Thursday 9th Jan - Connections meeting - 10am-12pm

Thursday 16th Jan - Behaviours That Challenge
Workshop - 10am-1pm

Thursday 30th Jan - Zoom online meeting - 7pm-8.30pm

Friday 7th Feb - Social Café - 10am-12pm

Lizzi Collinge MP and SENDIASS attending

Thursday 13th Feb - Connections meeting - 10am-12pm

No Workshop in February

Thursday 27th Feb - Zoom online meeting - 7pm-8.30pm

Friday 7th March - Social Café - 10am-12pm

Thursday 13th March - Connections meeting - 10am-12pm

Thursday 20th March - Anxiety Workshop - 10am-1pm

Thursday 27th March - Zoom online meeting - 7pm-8.30pm

Friday 4th April - Social Café - 10am-12pm

Social Café, Connections (new name for the Face-to-Face) meetings

& **Workshops** are hosted at **More Music**

13-17 Devonshire Road, Morecambe LA3 1QT

chatsnorthwest@gmail.com



**Lancashire &
South Cumbria**
NHS Foundation Trust



Year 11 Boys Football Fixture

The Year 11 boys football team played a friendly football fixture vs Morecambe Bay Academy. The game was played in tough conditions, as the coastal wind battered the pitch. Morecambe took a 1-0 lead at half time, but there was very little to separate the two teams. Morecambe took advantage of the wind in the second half and scored two more goals to take a 3-0 lead. Aidan pulled one back for Carnforth, with an excellent individual goal. Aidan picked up the ball on the left wing, cut inside and beat two players before drilling the ball low and hard past the Morecambe goalkeeper.



Year 10 Boys Football Tournament

The Year 10 boys footballers took part in a 9 a side football tournament hosted at Bay Leadership academy against Bay, Morecambe and Our Lady's. The tournament was played in horrific weather conditions as torrential rain and strong winds covered the pitch. The boys remained positive and worked incredibly hard, despite the difficult conditions. The year 10s won 1 game, drew 1 and lost 2. Nat produced the moment of the tournament scoring an excellent individual goal.

Year 9 Boys Lancashire Cup Round 2 Victory

The Year 9 boys football team are through to the third round of the Lancashire Cup. The boys, who received a bye in the first round, hosted Tarleton Academy from Preston. The Year 9s, who are the district cup champions, are hoping for a good run in the county cup. The boys secured a comprehensive victory winning 7-2. Captain Theo scored a hat trick, striker Kenzie also bagged a hat trick, and Elijah with the seventh goal of the game. Mr Chambers awarded player of the match to Blake, who bossed the midfield and controlled the pace of the game. Well done boys, on to the next round in January!



Year 9 Boys District Football Tournament

On Wednesday 11th December, the Year 9 boys entered two teams into the district 7 a side football tournament. This was a great opportunity for all the players to get game time for the school football team ahead of the 3rd round of the Lancashire Cup. Blake and Theo captained the two teams. Both teams were outstanding, winning the majority of their games. It was great to see a number of the boys getting on the score sheet. The games were played against Morecambe Bay Academy, Our Lady's and two teams from Ripley.

Extra-Curricular Sport Payment

The PE department is offering the opportunity for parents to make a one-time electronic payment of £25 to cover their child's annual extracurricular transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures; this covers a percentage of cost for transport and competition fees. Parents will be able to make the payment on the School Gateway. It is hoped that parents find this a preferential method of payment, for those students who are regular team members, rather than paying in cash on the day of the fixtures. Letters with further details can be acquired by your son/daughter from the PE department.



Carnforth
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PE Department Extra Curricular Timetable January - February 2025

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>		Y7-11 Girls Football - Field (GLC) Y7-9 Boys Football - Field (JW & JD)
<u>TUESDAY</u>		Staff Meetings
<u>WEDNESDAY</u>		Y7, 8, 9 Netball- SH/Astro (NS/GLC) Y8-11 Boys Handball - SH/Astro (JD & CC)
<u>THURSDAY</u>	Y7-11- Indoor Athletics - Sports Hall (NS)	Y10 & 11 Girls Netball - SH / Astro (NS) Boys District Fixture Afternoon (JD & CC)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW) Y7-9 Gymnastics - Dance Studio (GLC)	Yr 11 GCSE PE Intervention (With CC in Sports Gallery)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

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