



## CONFIDENCE PURPOSE RESPECT

You can also see regular updates on our school Facebook page by clicking here: [facebook](#)



### Headteacher's Message

We have three weeks until we break for Christmas, and it has been a very busy term. During the final weeks there are lots of activities taking place to look out for from our annual Foodbank Day to reward events and assemblies. I am looking forward to seeing lots of parents for the Year 11 Parents' Evening on Tuesday 3<sup>rd</sup> December and we welcome back last year's Year 11 students on Tuesday 10<sup>th</sup> December for their certificate evening.

### Important Upcoming Dates

**Tuesday 3<sup>rd</sup> December:** Year 11 Parents' Evening 1

**Tuesday 3<sup>rd</sup> December:** Year 11 Art Mock Exam

**Monday 9<sup>th</sup> December:** Year 9 Reward Trip to Chill Factor

**Tuesday 10<sup>th</sup> December:** Class of 2024 GCSE Certificate Presentation Evening

**Wednesday 11<sup>th</sup> December:** Year 11 Reward Trip to Level Up

**Wednesday 11<sup>th</sup> December:** Non-Uniform Day

### What Timetable

#### Week Is It?

W.B. 2/12/24 =  
WEEK A

W.B. 9/12/24 =  
WEEK B

### Year 11 Parents' Evening 1

The first Parents' Evening of the year for Year 11 takes place this week on Tuesday 3<sup>rd</sup> December. This is a very important event in the preparation for this year's GCSEs. Students in Year 11 have now completed a set of mock exams at the end of Year 10 and one recently at the start of Year 11. This means that your child's teacher has a strong grasp of how they are progressing – and what they need to do next! Our second set of mock exams for Year 11 takes place in the new year, so it's important that students know what to do in order to improve their results then and, ultimately, be ready to do their best for the summer exams in May. Please be there if you can.





## 'Class of 2024' GCSE Certificate Presentation Evening

Each year we hold a special celebration event for the students who completed Year 11 in the previous year. This year our 'Class of 2024' have been invited to return to school on the evening of Tuesday 10<sup>th</sup> December to receive their official GCSE certificates. We're all looking forward to finding out what they've been up to since they left school in the summer, and hearing about their ongoing success in the college courses, A-Levels and apprenticeships that they have gone on to study.



2024  
*Class of*

C O N G R A T S !

## Lost and Missing Uniform

We continue to have a lot of students come to lost property in reception trying to find a wide range of lost property, most commonly coats, jumpers and kit bags. Items often get mixed up when changing at PE or left down at break and lunch.

Please could we ask that parents:

- Check to make sure that the uniform your child has brought home is their own
- Add names to items so that they can be returned to your child if found

**Your name here**



## Sports Leaders – Primary School Sports Athletics

On Thursday 21<sup>st</sup> November, CHS welcomed students from seven local primary schools for an athletics event. Twelve of our wonderful Year 9 Sports Leaders helped to lead the day and ensure that the visitors had a good competition. One of our Sports Leaders, Harry, reported:

*“We were responsible for overseeing the events during the athletics competition. For example, I had to time the primary school students while they were competing, alongside Harrison who was keeping track of score and adding this into the computer to work out how many points each competitor received. For each station we were responsible for, we had to show the younger students how to complete the event and to make sure that they were following the rules and staying safe while taking part. Some sports that they took part in included: speed bounce, long jump, javelin (primary school style!) and target practice. There were also running events. This was a great opportunity for us to develop our own understanding of sport while helping younger students to grow and have fun.”*





# KNIFE CRIME



## Knife Crime Assemblies

Sadly, knife crime is an issue we see all too often in the news. Members of Lancashire Constabulary, in association with the Lancashire Violence Reduction Network, recently visited our school to talk to students in all year groups about the realities and dangers of carrying a knife. Students learnt about statistics and laws related to knife crime, considered why people may choose to carry a knife and what the short and long term consequences could be, as well as looking at ways to deal with injuries related to blades. Students know that they can talk to any member of staff in school to get support if they have any worries or concerns, but they were also told about other groups they can contact anonymously outside school. You can see some of the slides with key information below.



## WHAT HAPPENS TO ME?

### EMPLOYMENT

A criminal record may prevent you from doing certain jobs. This is particularly the case in law, accounting, healthcare, and childcare.

### UNIVERSITY

Certain courses won't accept people with a criminal record.

### TRAVEL

Many countries have bans against people who were involved in criminal activities. When it comes to living abroad, while it depends on the country, it's difficult if not impossible to achieve with a criminal record.

### HOUSING

A criminal record can lead to difficulties in getting a mortgage and even being evicted from rental properties.



### It is against the law to carry a knife in public place.

Unless the blade is less than 3 inches long and is a manual folding blade. Doing so can carry a prison sentence of up to 4 years even if it is not used in England & Wales, and 5 years in Scotland. It is also against the law to carry a knife on behalf of someone else.



### A person must be 18 or over to purchase a knife.

This includes cutlery and kitchen knives. In Scotland, people between the ages of 16 and 18 can legally purchase cutlery and kitchen knives.



### If the blade is less than 3 inches in length and is a manual folding blade,

A person over the age of 16 can purchase this knife.



### It is illegal to bring into the country, sell, possess, hire or give someone a banned knife.

Banned knives include: butterfly knives, disguised knives, flick knives, and zombie knives. A full list of banned knives in the UK can be found on the GOV website.

## HELP & SUPPORT



0800 555 111

Safe place to give information 100% anonymously.



0800 1111

A free, private and confidential service where you can talk about anything.



Lancashire Constabulary

Knife surrender bins located across the county. Anonymous ways to get rid of knives.

# Staff Chit Chat and Paint Evening

Thursday 21<sup>st</sup> November

Place: Art 1

Time: 3.30pm – 5pm

Light refreshments available!



## Staff Wellbeing – Chit Chat and Paint Evening

Near the end of November, Ms Rowland organised our latest staff wellbeing evening – with a Christmas theme! A range of staff came together after school to share drinks and mince pies (with Christmas music, of course!) and let their creative side out. With support and advice from our wonderful art team, those who attended had the chance to design a special Christmas glass for themselves or a loved one. Some went with robins, others went with snow laden branches, and quite a few just got carried away with the glitter dipping! It was a great chance for staff from a wide range of departments to get together and relax in a dun atmosphere. We're already thinking about what we can do next time!



# PLANS IN PLACE

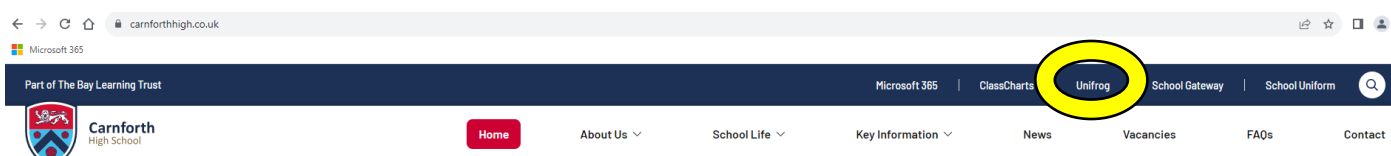
## Year 10 Work Experience Launch

If you are the parent of a Year 10 student you will have received an emailed letter about Work Experience of Friday last week, just after our launch to Year 10 students on Enrichment Day 1. **Please ensure that you have read the details within the letter.** Some key points can be found below, and all key information (including a range of support and our Work Experience Policy) can be found on our website here: <https://www.carnforthhigh.co.uk/school-life/careers/>

We are using 'Unifrog' for the administration of Year 10 Work Experience this year. **Placements must be organised by the student and yourself.** Through Enrichment Days, assemblies, form times, our newsletter, information on our website and other events in school, we will also support the students with this process. Students can also find me in my office across from T2 or email me at: [emcgauran@carnforthhigh.co.uk](mailto:emcgauran@carnforthhigh.co.uk).

**All students need to be out on work experience during the work experience week.** The student must identify and make contact with employers that they would like to have a placement with for the week, which is **Monday 23<sup>rd</sup> – Friday 27<sup>th</sup> June 2025**. If the employer initially agrees to the placement, the student will need to make note of their contact details, including name and email address.

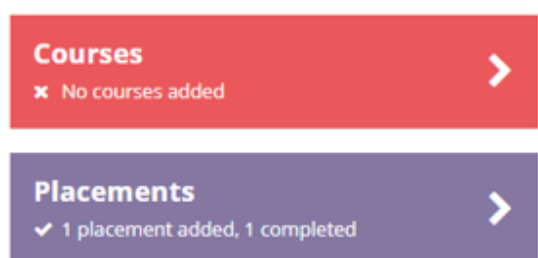
On Enrichment Day 1 on Friday 29<sup>th</sup> November, all Year 10 students in school have a lesson on using Unifrog and thinking about how to identify potential work experience placements. **They can sign in at any time on any device to Unifrog at: [www.unifrog.org/sign-in](http://www.unifrog.org/sign-in)** or via the link on the homepage of our school website:



Welcome to Carnforth High School




If they forget their password, they can reset it from the login page and will receive an email to their **school** email address.

Once the student is logged in, they can see the following options. They need to click on the 'Placements' tool to enter the details of the work experience placement they are hoping to go on.



## Upcoming Post-16 Events

Year 11 parents were recently emailed regarding upcoming events at our local colleges and sixth forms. Remember that students in **Year 11 should aim to apply for their post-16 places before Christmas**. Well done to those who have already applied been given an interview date or even completed their interview already. It's been great speaking to students around school about their plans! Attending events at colleges and sixth forms can support students and parents in understanding the different institutions and courses available to them, as well as how to apply. Below is a list of all upcoming events. All local sixth forms have now had their open evenings, but further details can be found on their websites. Links are below. Our major local colleges have frequent dates between now and the summer, so this list will regularly be updated.

	Institution	Website Link	Next Event	Date and Time
 Lancaster & Morecambe College	Lancaster and Morecambe College	<a href="https://www.lmc.ac.uk/">https://www.lmc.ac.uk/</a>	Open Evening	Wednesday 4 <sup>th</sup> December, 4.30pm-7.00pm
 Kendal College	Kendal College	<a href="https://kendal.ac.uk/">https://kendal.ac.uk/</a>	Arts and Media Campus Tour	Monday 9 <sup>th</sup> December, 4.30pm-5.30pm
 Myerscough College	Myerscough College	<a href="https://www.myerscough.ac.uk/">https://www.myerscough.ac.uk/</a>	Course Advice Morning (Preston Campus)	Saturday 8 <sup>th</sup> February, 10am-12.30pm

## Careers Fair 2024/25

We hold an annual Careers Fair for Years 9 and 11. This year, **our event will take place on the afternoon of Friday 13<sup>th</sup> December**. Students from both year groups will have a chance to visit stalls, hear talks, and to speak with employers and post-16 institutions. This will support Year 11 students in making their post-16 choices and Year 9 students in considering their upcoming GCSE Options process.



## BAE Apprenticeships

Students considering apprenticeships next year should look at the next two pages to see what one of our largest local employers, BAE, is offering. The information details all of their apprenticeships at Submarines in Barrow in Furness. The QR code will take you to the apprenticeship page, ready to apply, or you can click here: <https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships>

### Things to note:

- Applicants can apply for three apprenticeships. They select a 2<sup>nd</sup> and 3<sup>rd</sup> choice within the application of their first choice.
- Roles could close early if they have a high number of applications.
- Grade requirements are on the flyers as well as the role profile.

# Our Apprenticeships

Apprenticeships are our future, so we'll invest in yours. We are proud that our apprenticeships are recognised as some of the best in the UK.

[baesystems.com/apprentices](http://baesystems.com/apprentices)

## Who we are

A vital purpose drives BAE Systems. We play our part in protecting what matters, making the future more secure for everyone.

This is what inspires us. Become part of a skilled and increasingly diverse community of 100,000 people in over 40 countries, creating some of the world's most advanced, technology-led defence, aerospace and security solutions.

## Explore our careers

You can join us as an apprentice in many different occupational areas to become an expert in your field.

Apprenticeship roles available at our Barrow-in-Furness site. Roles marked with \* are also available at southern sites



## Post GCSE

### Intermediate

Entry requirements: 3 GCSEs at Grades 3-9, English and Maths included.

Ancillary Lifting	Trainee Painter
Ancillary Production	Scaffolder
Caulker	Logistics
Trainee Joiner/Tiler	

### Advanced

Entry requirements: 5 GCSEs at Grades 4-9, English, Maths, Science (or technology subject) included.

Designer	Electrician
Metrologist	Business Support (Supply Chain)
Electrical Engineer	Cyber Security
Support Engineer*	Software Developer
Business Support*	Site & Facilities Electrician
Driller	Site & Facilities Mechanical Fitter
Mechanical Fitter	Site & Facilities Plumber
Machinist	Site & Facilities Technician
Pipe Fabricator	Fitter
Welder (A-E/9-3)	Dimensional Control
Driller	Radiography
Sheet Metal Worker	Non-Destructive Examination (NDE)
Steelworker (A-E/9-3)	Safety, Health & Environment (SHE)

\*(also available at Southern sites)

## Post A-Level / Equivalent

### Higher

Entry requirements: 5 GCSEs including Maths and English, at grades 4-9. Applicants must have acquired 72 UCAS points (or equivalent).

Supply Chain*	Commercial*
Project Associate*	Human Resources

### Degree

Entry requirements: 5 GCSEs including Maths and English at grades 4-9. Applicant must have acquired 96 UCAS points (or equivalent), some programmes require maths, science, business-related or technical subjects to apply. Please visit the website vacancy pages for more details.

Systems Engineer* *Only Available at Southern Sites	Data Analyst*
Engineer	Project Management*
Radiation, Physics & Shielding	Digital Technology Solutions
Computing & IT* *Only Available at Southern Sites	Site & Facilities Management
Manufacturing Engineer	Site & Facilities Engineer
Test & Commissioning Engineer	Finance
Cost Estimator*	Nuclear Engineer
Project Controls*	

\*(also available at Southern sites)

**BAE SYSTEMS**



## Can you make a difference?

You could be a pioneer, fast-tracking the future of BAE Systems through innovative technology and next-generation engineering feats. With our apprenticeships, you'll earn while you learn and receive job-specific training, experience and recognised qualifications that will kickstart your career.

Get going from day one in a role that really matters. Play your part in creating cutting-edge products and services to help secure the world's future – and your own.



## What are the benefits of our apprenticeships?



### Qualifications and experience

Get real-life experience working on rewarding projects.



### Training and mentoring

Benefit from on-the-job training and mentoring from our experienced professionals.



### Social and networking

Connect with your community of apprentices across the UK and many others across our diverse and inclusive business at events, socials and forums.



### Rewards and benefits

Earn while you learn and receive generous time off, as well as having access to our product and service discounts, share scheme and workplace pensions, and flexible benefits to maintain that all-important lifestyle balance.



### Career opportunities

Around 99% of apprentices choose to stay on with us. And, being a global business, there's a world of opportunities here – whether you stay in the UK or explore an overseas role doing something that really makes a difference.

## The timeline

September - February

Online application window

November - July

Online assessment, live interview, conditional offer

September

Start your career with BAE Systems

November - February

Online application window

August

Formal offers made

*\* dependent on grades, security and medical*



For more information or to apply visit [baesystems.com/apprentices](https://baesystems.com/apprentices)



**BAE SYSTEMS**



### **Lancashire Cup Football Fixtures – Year 11**

The Year 11 boys football team travelled to Burnley on a freezing cold Monday afternoon to play Colne Park Academy in the second round of the Lancashire Cup. Carnforth took the lead inside the first minute of the match, as centre forward Brad held up the ball superbly before threading a through ball wide to Toby whose inch perfect cross forced the Colne right back to put the ball into the back of his own goal.

Colne responded but struggled to break down the Carnforth back line of Harley, Aidan, Toby and Josh. Mid-way through the first half Colne scored two quick goals back-to-back. The first from a defence splitting through ball and the second a superb solo goal from the Colne number 9, to score his second of the game.

Carnforth rallied but struggled to really test the Colne goalkeeper. An organised, deep sitting Colne back 5 kept the Carnforth chances limited to long range efforts. Colne scored a third goal, with 15 minutes to play. Again, another superb solo goal to give the Colne number 9 his hat trick. This time curling the ball into the bottom corner from 20 yards to beat James in goal.

Carnforth didn't roll over at this stage and had big chances through Tom and Oliver but did not manage to find the back of the Colne net to set up a nervy finish. Well done to all the Colne and Carnforth players on such a well spirited, competitive match.



### **Lancashire Cup Football Fixtures – Year 10**

The Year 10 boys football team suffered a tough 13-0 defeat away to Fisher More Academy, in Burnley. Up against a better side, in very tough snowy conditions. The boys showed a very resilient attitude and continued battling till the final whistle.

## Lancashire Cup Football Fixtures – Year 8

The Year 8 boys came out on top, in an end to end 8-3 victory against Colne Primet in the second round of the Lancashire Cup. The game started with constant Carnforth pressure, and the Year 8s found themselves 2-0 up within the first 15 minutes. Colne rallied and scored 2 quick goals, with the game evenly balanced at 3-3 at half time. The second half was a much more composed Carnforth performance, taking an early advantage and then not letting Colne back into the game.

The central midfield three of Joseph, Jacob and Xav were outstanding. Dan held the ball up well up front. The final score was 8-3 to Carnforth, with goals from Joseph, Dan (2), Jacob (3), Jack and Lewis. Well done boys and on to the third round after Christmas!



## District Cross Country

On Wednesday 27<sup>th</sup> January, fifty-two Carnforth students from years 7 to 11 took part in the district cross country event held at Ripley St Thomas. The annual event has been moved forward in the calendar. The sun was shining as the runners lined up at the start line. There were some stand out performances, most notably Olly in Year 7 who finished in 2<sup>nd</sup> place out of 64 year 7 boy runners. Ella also had an outstanding start to her Cross Country, she ended up finishing 8<sup>th</sup> place in the Year 7 girls. The Year 8/9/10 girls all ran with a positive attitude, and all completed the race with a smile on their face. The Year 8/9 boys completed the race, again with a positive attitude knowing they all gave it their all.



### **Year 7 and 8 Girls Football Tournament at Morecambe Football Club**

On Tuesday 19<sup>th</sup> November, the Year 7 and 8 girls football team travelled to Morecambe Football club to take part in the Utilia Cup Tournament organized by MFC. It was an extremely cold day, and conditions were not ideal. However, this did not dampen the girls' spirits; they came prepared with a fantastic can-do attitude and lots of warm clothes too!

The team played five separate 7-minute games. These were tough games facing opposition from every team in the local area. First up they played LGGS and unfortunately took a few minutes to find their feet. They lost 1-0 at full time. As it was only 7 minutes one way for the entirety of the full game, the girls realized it was hard to come back from conceding a goal, and within the team talk after the game they knew this would be a mistake they could not make again, if they wanted to win their five matches and go onto the quarter and semifinals.

The next game saw the girls playing BLA. This time around the players were fully warmed up, and raring to go. They took the lead with ease, with a fantastic goal scored by Mabel. This match finished 1-0 to Carnforth. Carnforth also went on to win the next match 1-0 against Our Lady's, with a fantastic team effort, which resulted in Brooke scoring the winning goal. The match following this saw us experience defeat against Morecambe Bay Academy again in a 1-0 loss.

And finally, Carnforth came back into the tournament and gained another 3 points by beating Central High 1-0 in their last match, with the winning goal scored by Miya! Well done to all the players, you dug deep and fought hard to win your matches and did not let your heads drop when we conceded goals. A fantastic effort by all.



## Year 9 and 10 Netball Matches vs Bay Leadership and Girls Grammar

On Thursday 14<sup>th</sup> November, -Year 9 and 10 Netball matches were played at home. The results of the matches were as follows:

	Vs BLA	POM	Vs LGGS	POM
Year 9	7-1 Lost	Eva	6-3 lost	Faith
Year 10	7-0 Won	Lexi Sky	12-2 lost	Erin

Well done to all players on this extremely foggy and misty night. It was very cold and not ideal conditions to play netball but both teams did Carnforth proud this evening. The Year 9s were tenacious in their attack, and worked very hard, with many players in different positions to their usual ones on this evening. **Please can all Year 9 netballs attend training every Wednesday night**, so they can continue to work on gameplay positions, skills, strategies and tactics in the lead up to the next matches.

Year 10 also played very well, and never gave up in either of their matches. They played extremely tenaciously in their match against BLA. They made constant attacking plays, driving the ball into the attacking goal third with ease, and showed a great defensive nature when the ball was intercepted. The game ended 7-0 to Carnforth. Both teams played with fantastic effort, well done! Please keep attending training as we have matches coming up before Christmas. Training for Years 7, 8 and 9 is on Wednesday nights, 3.30-4.30, and training for 10 and 11 is on Thursday nights, 3.30-4.30.



## Extra-Curricular Sport Payment

The PE department is offering the opportunity for parents to make a one-time electronic payment of £25 to cover their child's annual extracurricular transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures; this covers a percentage of cost for transport and competition fees. Parents will be able to make the payment on the School Gateway. It is hoped that parents find this a preferential method of payment, for those students who are regular team members, rather than paying in cash on the day of the fixtures. Letters with further details can be acquired by your son/daughter from the PE department.



Carnforth  
High School



### **PE Department Extra Curricular Timetable November - December 2024**

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>		<b>Y7-11 Girls Football - Astro (GLC)</b> Y7-9 Boys Football - Field (JW & JD)
<u>TUESDAY</u>		<b>Staff Meetings</b>
<u>WEDNESDAY</u>		<b>Y7, 8, 9 Netball- SH (NS)</b> Y8-11 Boys Handball - Astro (JD & CC)
<u>THURSDAY</u>	<b>Y7-9 Gymnastics - Dance Studio (GLC)</b>	<b>Y10 &amp; 11 Girls Netball - SH (NS/GLC)</b> Boys District Fixture Afternoon (JD & CC)
<u>FRIDAY</u>	<b>Y10-11 HRF - Fitness Suite (HW)</b> <b>Y7-11 Dance - Dance Studio (NS)</b>	

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

## Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

**CONFIDENCE**

**PURPOSE**

**RESPECT**