# **CHS Newsletter**

"Leaders and staff are ambitious for pupils" – Ofsted 2021

2024/25 Issue 1: 16<sup>th</sup> September 2024





THE BAY LEARNING TRUST

RESPECT

# CONFIDENCE PURPOSE

You can also see regular updates on our school Facebook page by clicking here: facebook



# Headteacher's Message

I would like to welcome everybody back to the new academic year, especially our new Year 7s. I have been very impressed by how they have settled into the new routines and the challenges of a new curriculum. We are already preparing for the new intake with our forthcoming Open Evening, which is always a very busy evening and an opportunity to finalise choices. I hope you all enjoy reading our first edition of the year.

# **Important Upcoming Dates**

Thursday 19<sup>th</sup> September: Year 10 Germany Trip Parental Meeting Saturday 21<sup>st</sup>-Sunday 22<sup>nd</sup> September: DofE Bronze Award Full Expedition Tuesday 24<sup>th</sup> September: CHS Open Evening 2024 Friday 27<sup>th</sup> September: INSET Day 2 (School Closed to All Students) Tuesday 8<sup>th</sup> October: Year 10 Germany Trip Departs Sunday 13<sup>th</sup> October: Year 10 Germany Trip Returns

# What Timetable Week Is It?

W.B. 16/9/24 = WEEK A

W.B. 23/9/24 = WEEK B

# Happy New School Year!

Welcome to our first newsletter of the 2024/25 academic year. We release a new newsletter every two weeks to keep you informed about upcoming and past school events, as well as to celebrate student success! We also have a Facebook page (link above) with more regular updates. It's been great to see our new Year 7 students settling in and the return of our Year 8-11 students. It's important that we have good routines in place for all students, so there are quite a few important messages in this newsletter about routines, attendance, punctuality and behaviour. We appreciate your help in reinforcing these messages with your child(ren).



## **Open Evening**

Every year we hold an Open Evening for prospective students and parents. This event is primarily aimed at students currently in Years 5 or 6 and their parents. There are talks from the Headteacher and a chance to visit each of our departments and speak to teachers. **This year school will be open from 5.00pm until 7.45pm, with Headteacher talks at 5.15pm, 6.00pm and 6.45pm**. Please pass the details on to anyone who may be interested!



Open Evening Tuesday 24th September



# **Excellent Attendance at School Matters**

Attendance at school is key to success. Our target is for every student to be in school for 97% of lessons or more – but 100% is best! **Students progress best when they are in school, in class and working hard.** Throughout the year we provide rewards and events for our highest attenders.

# **Our Attendance Target**





# **Punctuality**

In addition to being in school, it is important for students to be on time to all of their lessons.

The school day starts at 9:00am. Each school day involves a morning and afternoon session. Students should be on the school site by 8:55am and <u>in</u> form for 9:00am. If students arrive after this time, they are classed as late.

For form time, lesson 3 (after break) and lesson 4 (after lunch) there is a 5 minute warning bell to help students get moving on time. If they arrive after the bell for the start to the lesson they are late. For other lessons, students must move directly from one lesson to the next.

Every minute a student misses is a minute of learning they are losing out on, and these add up over the year, as you can see below! Being punctual is also an important life (and career) skill for our students to learn. Please talk to your child about the importance of being punctual.



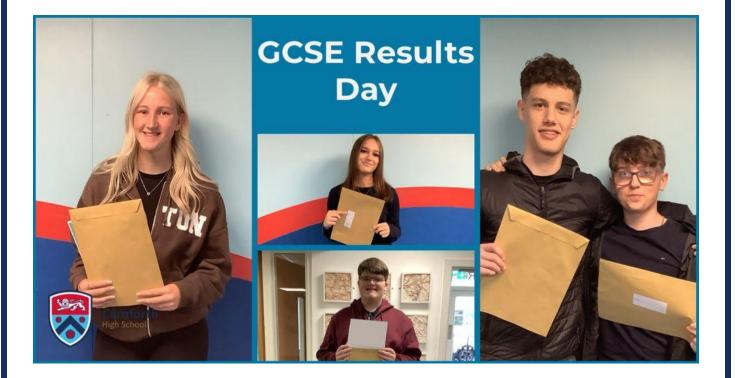


#### **GCSE Summer Success**

We are very proud of the results achieved by Year 11 at Carnforth High School over the summer. Particularly noteworthy were the achievements of pupils in Art, GCSE PE and Religious Studies. The vocational subjects at Carnforth have continued to perform well.

A number of pupils achieved fantastic results, with up to 10 GCSEs obtained, and a strong range of GCSEs collected across our cohort. This reflects the ambition and commitment of our pupils. We are delighted that our highest attaining pupil achieved an amazing eight GCSE grade 9s and one GCSE grade 8. An exceptional achievement.

Congratulations to our students, who we wish every success in the future. It would not be possible for our students to achieve strong results without the hard work of the staff at Carnforth High School, along with the support and encouragement of their parents. We would like to thank everyone who played a special part in the success of Class of 2024.





#### Year 11 Prom

As a final celebration of the year, last year's Year 11 students celebrated the end of their time with us at Carnforth High School with the annual prom event. It was great to see them all dressed up for the occasion, and was a great (and emotional) send off for a wonderful year group.



## **ClassCharts**

We use 'ClassCharts' at Carnforth High School as your one stop shop for key information about your child(ren). It allows pupils and parents to monitor progress at school. ClassCharts allows pupils and parents to check attendance, behaviour (positive & negative) and homework. It will also automatically send out positive behaviour and detention notifications to parent email accounts as necessary.

Pupils have already been given log-in details and have been encouraged to download the app onto their phone or tablet. The software can also be accessed via a web browser such as Google. Please encourage your child to sign up ASAP. Parent invites with access codes and instructions have previously be sent out, but if you're struggling to get access please contact the school.



#### **Strong Classroom Routines**

A key to student success and progress is **consistency** throughout their school day. We believe that no matter what lesson students are in, or which teacher they have, they should experience strong teaching and learning leading to them knowing more, remembering more and being able to do more over time. To support this, we have a series of rules that all of our students and staff follow in **every lesson**, this is called the 'CHS 6.' Students are taught about the importance of these routines, why they are in place and why it is important that they are followed. There is an assembly about this from Mr McGauran, Assistant Headteacher for Teaching, Learning and Careers, this week for all year groups. The CHS 6 is shown below, and is also displayed in every classroom in school. Please talk to your child about what they think of our learning routines.



# THE CHS 6



1, **Students** will sit in the seating plan and begin every lesson promptly

with a silent starter activity

2, **Teachers** will clearly communicate the expected sound level for every task

3, Students will be given a clear purpose at the beginning of every lesson

- 4, Teachers will use the hands up signal to gain the attention of their class
- 5, Students will listen to any instructions or explanations in silence

6, **Students** will pack up at the end of lesson as instructed and then wait behind their chairs for orderly dismissal

# Year 7 SEN Screening

Special Educational Need (SEN) can be identified at an early age. However, for some young people difficulties become evident only as they develop. It is therefore important to assess each student's current skills and levels of attainment.

Over the next three weeks, all Year 7 students will be asked to complete some assessments which will enable us to identify any Special Educational Need at the earliest point and allow us to put provisions in place. This provision, which is 'different from' or 'additional to' that normally available to all students, will be rigorously designed to secure better progress, where required.

Parents will be notified by letter if their child requires any special educational provision.

The first SEN review will take place at the start of November which will be opportunity for parents to discuss the results of this screening.

If you have any concerns, please contact Ms Carrington (<u>lcarrington@carnforthhigh.co.uk</u>).

# **Getting the Bus to and From School**

Many of our students travel to school and head home on the busses. After school, the 5 (Morecambe), 5 (Overton), 55, 445 and 51 all collect students from outside the school gate. Our staff will be at the gate each day. Students who are walking home or being collected leave via the side gate and students waiting for the busses need to wait behind the main gate for their own safety. When busses arrive staff will allow the students onto the busses in an orderly fashion. Please remember that the busses are not run by the school but by Stagecoach, which is a private company.

Please be aware that the number of 55 busses being sent by the company this year has been reduced to just one. Stagecoach advises that parents/carers take a close look at the bus routes and stops with their child(ren), which can be found at their website (<u>www.stagecoachbus.com</u>) to ensure that they are boarding the best bus for their needs.



#### **Tickets and Backup Money**

Students are responsible for their own tickets, whether they use a paper ticket or the online app on their phones. Drivers are being told by their company that they should not let anyone onto the bus that does not have a valid ticket. With this in mind, they advise that students should keep £2 with them each day in case they cannot access their app or they lose their ticket and need to buy one.



#### **Behaviour on Busses**

We expect that our students will behave in line with school policies whilst waiting for and travelling on the busses. In many cases they are sharing these busses with member of the public. We work with Stagecoach in terms of behaviour on busses and parents are reminded that Stagecoach are within their rights to ban students from travelling on their busses due to misbehaviour. The guide to catching the bus to school on the next page has been provided by Lancaster County Council for further support.

# Catching the school bus

Please behave sensibly and responsibly when travelling to and from school for your own safety. If you misbehave you may have your travel pass taken away or be excluded from using school bus services.

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Be at the stop 5 minutes before. Queue sensibly and keep well away from the kerb. Give a clear signal so the bus driver knows to stop. Make sure you are boarding the bus at the correct stop.

Pay your fare and try to have the correct change. Keep your ticket to show the inspector and/or for your return journey.

If you use a bus pass/season ticket, it must always be presented to the bus driver allow time for it to be examined. Bus passes/season tickets are not transferable and should only be used on the service for which they are assigned. If you cannot show a valid pass you must pay your fare. Lost or damaged passes can be replaced for a fee by contacting the County Council on 0300 123 6738.

Misuse and fraudulent use of travel passes is treated very seriously and could lead to prosecution.

Take your seat, please wear a seat belt if one is provided. Don't take up more than one seat. Place bags in the luggage compartment/under your seat/on your knees. Don't place bags on seats or in the aisle.

If all seats are taken, you should stand sensibly behind the driver area and use grab rails where available. You should not stand adjacent to emergency exits, on staircases or upstairs on a double deck vehicle. Do not walk around during the journey. Antisocial behaviour/damage to the bus or anyone's property/bullying on the bus, is taken very seriously and can be reported to the police. Please report incidents to the driver, a teacher or a parent. Do not throw anything whilst on the bus, at the bus or from the bus.

All bus and taxi services have No Smoking Policies including all e-cigarettes and vaping devices.

Respect others at all times and never distract your driver.

Make sure you know which stop you are getting off at and to alert the driver by pressing the bell only once or asking them to stop at the next bus stop.

Never override past the bus stop you have paid for. Overriding could lead to prosecution.

When leaving the bus please take the time to thank your bus driver.

Remember to take all of your belongings when you leave the bus.

Let the bus depart before crossing the road. Find a safe place to cross and remember: Stop, Look and Listen.

DO NOT text/use your mobile phone when crossing roads. Remove ear accessories to allow you to hear any oncoming traffic. CONCENTRATE - often accidents happen due to a lack of concentration.



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# 2023/24 Year 10 Germany Trip

At the end of last academic year, students in Year 10 (now in Year 11) had the exciting chance to take a trip to Germany, passing through other countries on the way! Below you can see some highlights from the trip, including visits to Passchendale museum in Belgium and nearby Tyne Cot, where the students laid a wreath for those who sacrificed their lives in the war, a visit to Phantasialand theme park and the Schumacher Go Kart Centre in Germany, and a visit to the town of Valkenburg in the Netherlands, including a visit to the Magraten American War Cemetery. The students were a credit to the school.



# **Gardening Club**

We have many clubs in school, which students are kept informed about in form time. One of them us 'Gardening Club!' Every Thursday we have a number of keen gardeners participating and we have attempted to grow a range of fruits and vegetables over the summer months including: tomatoes, peppers, chilli, beetroots and onions. We are now focusing on our winter vegetables: broccoli and pumpkins, and we have started to get our plant beds ready for next spring. The food we have grown this summer we have either taken home to share with our families or brought up to the food technology kitchen to be utilised within our cooking lessons as part of our field to fork approach.



## KS3 Science Award

A lunch club will be starting up for Years 7 and 8 which will see them working on various projects and investigations over the course of this year. Anyone is welcome from Years 7 and 8! We will begin by using physics and our knowledge of climate science to create an invention which could improve the world, later in the year we will investigate psychology and forensic science. This is a chance to use the equipment in science and do practicals outside of lesson time – perfect for science enthusiasts! Attending the club can also earn you your bronze CHS Science Award (brand new this year!) with additional projects earning you silver and even gold. Come along on Friday, 12.40-1.05, in Lab 4 with Miss lvory to find out more!

And watch this space for CREST Science Award, available soon for Year 9!





## Life Skills at CHS

As part of your child's education at CHS, we promote personal wellbeing and development through a comprehensive Life Skills curriculum. This subject gives students the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. We hope that our students learning will be a constant conversation throughout their time at CHS, with their teachers, form tutors and with adults they trust at home too. Below are the topics that we are covering in Life Skills this year (you may have to zoom in, there's a lot going on!). If you get the opportunity, please do speak about these topics with your children outside of school too.

Week	Year 7	Year 8	Year 9	Year 10	Year 11
1	What is Life?	Actions have consequences	Friendship Challenges	Dealing with Change	Income & Tax
2	Personal Beliefs	P&D - Religion	Gangs & Violent Crime	Managing Change	Income & Pensions
3	Personal Skills	P&D – Disability	County Lines	Reframing negative thinking	Somewhere to Live (ICT)
4	Human Rights	P&D – Difference	Drugs & effects	Depression, Anxiety & Misconceptions	Getting to work (ICT)
5	Water safety	Being an active bystander	Drugs & the law	Managing Mental Health	Just until pay day
6	How do I manage my time?	Police & Emergency Services	Drugs & Risk	Alcohol & Mental health	Risk & Reward 1
7	How do I manage my sleep?	Courts	Sexuality Timeline	Substances & Risk-taking behaviour	Risk & reward 2
8	How do I manage my diet?	Prisons	Consent & Assumptions	Drugs & Safety	Digital Footprints
9	How do I manage diet & exercise?	Online safety	Consent & Consequences	Prescription Drugs	Conflict Management
10	How do I manage my feelings?	Online Propaganda	Sexting	Tattoos & Piercings	Dealing with Exam Stress
11	How do I manage my money?	Should I watch that	Healthy & Unhealthy Relationships	Cosmetic & Aesthetic Procedures	Personal Safety
12	Autumn Term Assessment	Autumn Term Assessment	Autumn Term Assessment	Autumn Term Assessment	Autumn Term Assessment
13	How do I manage relationships?	Live Streaming & Gaming	Public Sexual Harassment	Talking about sex	Drugs – Managing Influences
14	What is a good friendship?	Drugs & Caffeine	Managing Unwanted Attention	Enthusiastic Consent	Drugs – Help Seeking
15	Online safety	Drugs & Nicotine	Bullying or Banter?	Consent: Pressure, Persuasion & Coercion	Online Sexual Harassment
16	Social media – the pros and cons	Saving & Borrowing	Managing my Money	Impact of Pornography	Responding to Sexual Harassment
17	Bullying or Banter?	What's it worth	Gambling & Addiction	Consent – Pornography	Reporting Online Sexual Harassment
18	Cyberbullying	Fraud	Avoiding Debt	Revenge Pornography	Self-examination
19	Peer Pressure	Budgeting	Financial Exploitation (fraud)	Sexual Harassment	Grief & Bereavement
20	Online Bullying	Consent	Identity Fraud	Reporting sexual harassment	Suicide prevention
21	Peer on Peer Abuse	Safe Relationships	Mental Health & Anxiety	Relationship Abuse	Expectations around sex
22	Puberty	Comparisons	Positive Mental Health	Marriages	Consent: responsibilities & consequences
23	Spring Term Assessment	Body Shaming	Unhealthy vs Healthy coping strategies	Conflict Management	Consent: Communicating wants & needs
24	Puberty & me	Body Confidence	Mental health & alcohol	Spring Term Assessment	Contraception
25	Puberty & periods	Spring Term Assessment	Spring Term Assessment	Digital Footprints & Careers	Safe sex
26	Identity & Diversity	Sexting & Nudes	Careers	Skills for employment	Fertility & options
27	Immigration	Dangers of pornography	Skills for Employment	Understanding behaviours for work	STI's
28	Diversity & Extremism	The Unwritten Rules of being a man	Employability	Understanding the workplace	Pregnancy & Miscarriage
29	Relationships - starting with me	Gender based violence & misogyny	Jobs & Occupations	Employment rights & responsibilities	Abortion – incl. emergency contraception & unwanted pregnancy
30	Consent	Choices & timings	Workplace relationships & employer expectations	Careers – workplace relationships	Having a baby, adopting & fostering
31	Human Reproduction & sex	Age-appropriate relationships & intimacy	Spotting Extremist Views	Making applications & careers	Parenting
32	Attraction & crushes	Red flags & ending relationships	Extremism & Radicalisation	Privilege	Coercive control
33	FGM & forced marriage	Contraception	The History of UK Democracy	Racism	Coercive control
34	Smoking & Vaping	STI's	Politics & Me	Sexuality	
35	Alcohol	Sepsis	Our Political Party 1	Extremism	1
36	Cannabis	First Aid - bleeding	Our Political Party 2	Trade Unions	1
37	Nitrous Oxide	My personal & academic strengths	Local Democracy	Budgeting	1
38	Driving & Road Awareness	Different Careers (ICT)	Community Involvement	Homelessness	
39	Growth Mindset	My Career Ladder (ICT)	Growth Mindset	Blood, organ & stem cell donation	

#### LIFE SKILLS: Scheme of Learning Long Term Plan

We have designed the Life Skill curriculum to meet all of the Department for Education's changes in the past few years to Relationships and Sex Education (RSE). As a reminder, it is also a requirement for us to let you know that if you do not want your child to take part in some or all of the sex education lessons that we deliver, you can ask that they are withdrawn. Please be aware that this is only lessons relating to the parts of the curriculum to do with sex education and not relationship education. You will be asked to come into school to discuss this decision and we will grant this in all but exceptional circumstances, up until three school terms before your child turns 16, at which point they must choose for themselves. If you have any questions about this or any part of the Life Skills Curriculum then please email Mrs Gregory, Teacher in Charge of Life Skills at: <u>sgregory@carnforthhigh.co.uk</u>.

# PLANS IN PLACE

A key part of our school vision is that our students will have clear 'plans in place' for their future. Developing this idea is always a key focus throughout school.

- Year 7 and 8 need to understand how, at the beginning of their five-year journey with us, they are undertaking skills and learning that will help them identify their passions and dreams for the future.
- Year 9 need to understand the importance of the Options process to choose their KS4 courses, which they will undertake after Christmas, in forming their post-16 pathways and their future careers.
- Year 10 need to start thinking about their Work Experience, which they will undertake at the end of this academic year, and how they need to consider and arrange placements that will best tie-in with their future plans.
- Year 11 need to consider their post-16 pathways and know how to begin applying for the courses that best suit their future plans. These are a great way to introduce students to their different options. They will all receive one-to-one guidance meeting with a Careers Advisor.



Our team, including our Assistant Headteacher and Careers Leader, Mr McGauran, and our Subject Leader of Life Skills, Mrs Gregory, have a wide range of strategies in place to help students with all of the above. These include:

- Assemblies and follow-up form time activities each half term focussed on careers and pathways.
- **Careers elements on each of our Enrichment Days** this year our first Enrichment Day is in November, and we'll have visitors discussing colleges, careers and employability skills.
- **One-to-one guidance meetings** with every student in year 11 (and then students in other years) to help establish and support their post-16 pathways.
- A frequently updated website page on our school website (<u>https://www.carnforthhigh.co.uk/school-life/careers/</u>) which includes links to all local providers and other useful websites and videos for you and your child(ren).
- **Regular contact with parents** through this newsletter as well as emails updating you on local events of interest, such as Open Days at colleges.
- **Regular training for all staff** which helps them to understand the importance of linking their subjects and lessons to careers.
- Work Experience for all students in year 10.
- Life Skills lessons throughout the year in all year groups that build upon our students' Careers journey in age-specific ways.
- **Our Careers-focussed software program** called 'Unifrog' for all our students. This is an excellent piece of software that all students can access from our school website (Year 7 will be introduced to this for the first time on our November Enrichment Day).

## GCSE and Post-16 Information Evening 2023/24

On Thursday 11<sup>th</sup> July, parents and carers of Year 10 pupils came into school for an evening focused on maximising success in Year 11. During the evening, pupils and parents were given guidance on ways to catch up and get ahead over the summer holidays. We also looked at the importance of creating good habits around revision and ongoing study in order to prepare for the challenges of exams at the end of Year 11. It was a well-attended evening with a clear focus on the future. Also present were a wide range of post-16 providers, giving students and their parents/carers a chance to ask questions and plan ahead to making their applications at the start of Year 11. They should be doing this now!



#### **Career North Careers Advisor**

This year we are working with the excellent 'Career North' to provide impartial and high-quality careers information and guidance to our students. At the start of the year, all students in Year 11 will have one-to-one guidance meetings with the Careers Advisor. This will then lead to follow up meetings and workshops where needed, as well as work with students in all other year groups.

Your career starts here



# **PE Department Standards and Expectations**

For those pupils new to the school in Year 7, or for any new starters in any year, there are lots of standards and expectations in PE that you have been told during your first lesson of PE this term. However, there was a lot of information to go through and you to process. Therefore, here are a few reminders of the key messages that every pupil needs to be aware of and to follow during each lesson of PE:

• **10 Minute Changing Limit at the start of the lesson**. Each pupil must change quickly and within 10 minutes of the start of the lesson.

• **Chewing Gum**. Pupils must not chew anywhere in school. However, there is particular importance placed on this rule in PE due to the increased risks involved when chewing and doing PE activities.

• **Forgotten kit**. If kit is forgotten a replacement spare kit with be provided by PE and is expected to be worn by pupils. This kit is freshly washed and clean.

• **Illness or injury**. If a pupil is too ill or injured to take part in PE, a note must be brought from home to excuse them. Their kit must also be brought to school and worn by the pupil at this time. This is because the pupil will still be partaking in some form of the lesson, e.g.

referee/coach/equipment manager. They will go outside (if that's where the lesson is) and this will also avoid their school uniform getting dirty or wet (if raining).

• **Jewellery**. The only jewellery permitted in school is one ring, one plain stud in each and a watch. All of these should be removed for PE without question in order to keep the pupil safe from harm. The exception is recently pierced ears. These may be taped but only for the period needed, then they must be removed. Please do not get ears pierced during term time. This should be done at the start of the 6 week holidays.

• **Labelled kit**. Please label ALL kit items. They all look the same and it is impossible to identify a lost item of kit and return this to the owner without a name on.





#### **Rugby Union Guidance**

As part of the national curriculum delivered here at Carnforth High School, your child will complete a unit of work on Rugby. At Carnforth we insist on Rugby being played safely and following RFU (Rugby Football Union) guidelines both in lesson and at extra-curricular clubs. To help pupils enjoy Rugby safely, all pupils are taught the basic skills as a priority. These include how to tackle and how to receive a tackle safely.

According to the RFU, Rugby participants in secondary schools report that they feel more confident, resilient and have developed the Rugby values of Teamwork, Respect, Enjoyment, Discipline and Sportsmanship.

To help keep all pupils safe we insist on rugby being played in the correct kit. The kit pupils require to play rugby safely is listed below:

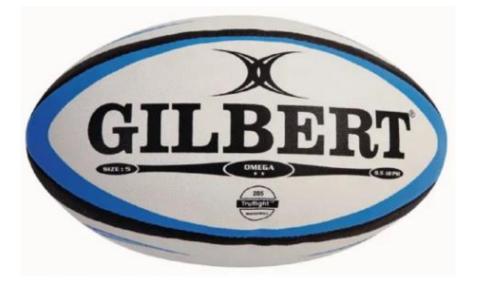
- Navy blue school PE kit
- Football/rugby boots
- Mouthguard (strongly recommended)
- Headguard (advisable)

As pupil's welfare is of prime importance, I would like to draw your awareness to **HEADCASE**. HEADCASE is the RFU's concussion awareness programme, which aims to increase understanding and provide information on concussion and other related topics, including how to prevent and manage suspected concussions. The HEADCASE webpages have numerous resources including resources and advice for coaches, match officials, players, parents, clubs and schools. For more information, please go to: <u>HEADCASE</u>

All parents and pupils can complete a free online HEADCASE course by clicking the link and selecting the open access version. <u>HEADCASE FREE COURSE - Open Access</u>

For further information on RugbySafe in Schools including the RFU regulations on equipment, first aid provision and facilities please can I direct you to <u>A practical guide to being RugbySafe in schools</u> and colleges

Finally, please can I draw your attention to the developing school's rugby union playing offer. This document highlights the various formats of the game that are incorporated into the curriculum and within extracurricular activities. These formats are adapted to allow pupils to make progression regardless of their ability or experience and to help us further grow rugby union at Carnforth High School. <u>Developing Schools Rugby Union Playing Offer</u>



# **Extra-Curricular Sport Payment**

The PE department is offering the opportunity for parents to make a one-time electronic payment of £25 to cover their child's annual extracurricular transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures; this covers a percentage of cost for transport and competition fees. Parents will be able to make the payment on the School Gateway. It is hoped that parents find this a preferential method of payment, for those students who are regular team members, rather than paying in cash on the day of the fixtures. Letters with further details can be acquired by your son/daughter from the PE department.







#### PE Department Extra Curricular Timetable September - October 2024

	<u>LUNCH 12.45pm - 1.15pm</u>	AFTERSCHOOL 3.30pm - 4.30pm
<u>MONDAY</u>		<b>Y7-11 Girls Football- Astro (GLC)</b> Y7-8 Boys Football - Field (JW & JD)
<u>TUESDAY</u>		Staff Meetings
<u>WEDNESDAY</u>		Y7-11 Girls Hockey - Astro (NS) Y8-11 Boys Rugby - Field (JD & CC)
<u>THURSDAY</u>	Y7-9 Gymnastics - Dance Studio (GLC/NS)	<b>Y7-11 Girls Netball - Sports Hall (NS/GLC)</b> Boys District Fixture Afternoon (JD & CC)
<u>FRIDAY</u>	Y10-11 HRF - Fitness Suite (HW & GLC) Y7-11 Dance—Dance Studio (NS)	Y7 Boys Rugby - Field (CC)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

# Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

# CONFIDENCE PURPOSE RESPECT