



CONFIDENCE PURPOSE RESPECT

You can also see regular updates on our school Facebook page by clicking here: [facebook](#)



Headteacher's Message

The Year 11 journey is nearly over, and I am immensely proud of how this group of young adults have faced into the many different challenges over the 5 years. The fully deserved celebrations begin with a trip to Blackpool and end with the annual Prom. The focus turns to Year 10 with work experience and preparation for the coming year. It was lovely to see the respect shown during D Day celebrations and forthcoming trips will give greater understanding of this period and the sacrifices that were made.

Important Upcoming Dates

Thursday 20th June: Year 11 Blackpool Rewards Trip
Friday 22nd June: Year 11 Leavers' Assembly and Breakfast
Monday 24th June: Year 10 Work Experience Week Begins
Wednesday 26th June: Years 7-9 Sports Day
Wednesday 26th June: Year 11 Leavers' Prom
Thursday 27th June: Year 8 Normandy Trip Departs

What Timetable Week Is It?

W.B. 17/6/24 =
WEEK A

W.B. 24/6/24 =
WEEK B

The Final Week of GCSE Exams is Here!

Year 11 are nearly there! On the next page you can see the plan for the final week of exams. Only three to go! This week's exams are 'Design and Technology,' 'Food and Nutrition' and 'Polish (Writing).' As you can see, school is open on Monday, Tuesday and Wednesday both for the exams as well as for preparation work, with revision sessions and exam warm-up sessions planned in. Good luck Year 11! There is also a message from Mrs Cleasby about the end of year events for the Year 11 students.



Year 11 Exam Timetable – Exam Season and Study Leave 2024

	MONDAY 17 TH JUNE	TUESDAY 18 TH JUNE	WEDNESDAY 19 TH JUNE	THURSDAY 20 TH JUNE	FRIDAY 21 ST JUNE
Before School		Design and Technology AM REVISION & WARM UP	Food Technology AM REVISION & WARM UP		
Period 1 9:20am	Design Technology REVISION T1	Design and Technology 2 hours	Food and Nutrition 1 hour 45 minutes		
Period 2 10:20am	Food Technology REVISION T3				
Break					
Period 3 11:40am					
Lunch					
Period 4 1:25pm		Polish Writing 1 hour and 15 minutes			
Period 5 2:25pm					
After School					

A Message from Mrs Cleasby

I am very proud of all the Year 11 students over the exam period. They have shown resilience through a long exam period and have gone into exams confident they have done everything they can. It has been a pleasure to hear most students come out of exams happy they were able to answer most of the paper without too much difficulty and I honestly could not be prouder of them! To mark the end of their time here at Carnforth High School we have three events which will be taking place:

Blackpool Pleasure Beach on 20th June - the students were meant to go on this trip in their early years but due to COVID were unable to, so many of them asked for it to run this year. I am looking forward to seeing them enjoy themselves on the rides and let their hair down after the exam period. We will leave school around 9.30am and will return before the end of the school day.

Leavers Breakfast on 21st June - students are invited into school in their uniform for leavers breakfast which will consist of time for students and staff to sign shirts, say their goodbyes, take photos, enjoy one last CHS breakfast and then laugh and cry in their leavers' assembly. If any students are able to donate their tie, then please ask them to bring it with them on the day. Leavers' breakfast starts at 9am and runs until 11.20am.

Prom on 26th June - this is the time to get all glammed up and head to Lancaster House for dancing and mocktails! Arrival to the event starts at 6.30pm and we will go into the venue around 7pm. Please feel free to come with your child and take pictures during this half an hour before we go into venue. The event will end at 11pm so please arrange pick-ups for this time.

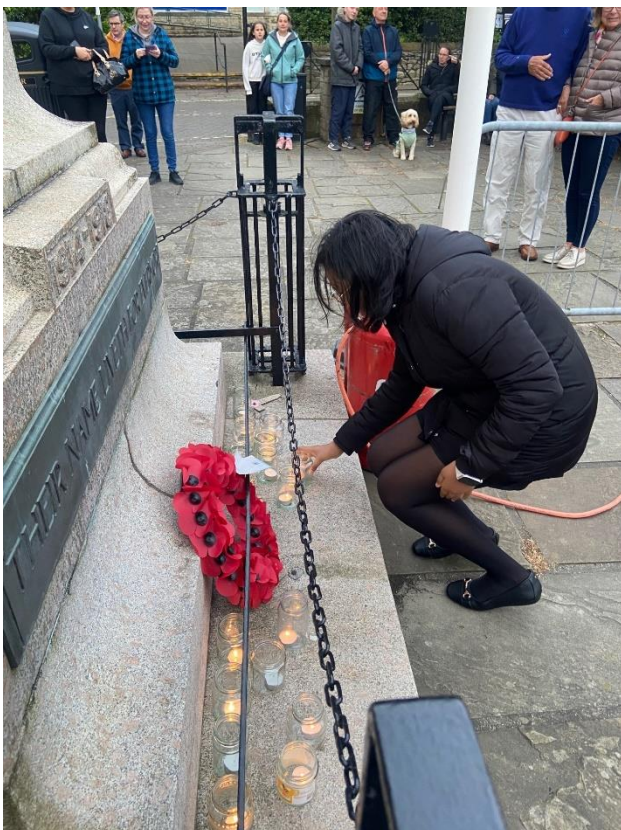




D-Day Celebrations

Carnforth High School students took part in the D-Day remembrance service tonight at Carnforth War Memorial. Students laid candles of remembrance and observed the lighting of the beacon to commemorate all those who lost their lives in the D-Day landings, on the 80th anniversary. The students who attended will be travelling to Normandy later this month to visit the landing beaches and British memorial in Ver-sur-Mer to learn more about the D-Day landings.

In school, had a special assembly for all years on 6th June, as well as a special poetry reading for all students at 11am.





Gardening Club



Thursday lunch times in the garden
(Go through LS1 to the greenhouse)

12.40pm prompt

Bring your own wellies if you have them and your lunch!

What will we do in gardening club?

- ♣ Weeding
- ♣ Planning fruits and vegetables
- ♣ Harvesting the crops
- ♣ Cooking our produce into delicious meals in T3 (after summer when crops are grown)



New Club: Gardening Club!

The new Gardening Club started this half term and has already been a great success! Ms Rowland has a very enthusiastic team of helpers and they have even managed to harvest some potatoes and beetroots already. The club is open to all and takes place every Thursday in the garden.





Lancashire Constabulary

police and communities together

Police Visit – Staying Safe Online

Last week, Mr Wellwood organised a special assembly for Year 7 about some of the dangers that they can encounter online and how to keep themselves safe. This is particularly important as there has been a rise in incidents both in our local area and nationally, as you may have seen. Below are some links to Childline pages that you and your child(ren) may find useful.

STAYING SAFE ONLINE

It's not always easy to know what's safe online and what's not. Our advice can help you to keep safe and to know what to do when things go wrong.

On this Page

- What are the risks?
- Tips to stay safe online
- Keeping your information secure
- How to spot fake news



TAKING CARE OF YOUR PRIVACY AND DIGITAL FOOTPRINT

Every time you go online, you leave a footprint of where you've been and what you've done. Try our advice to protect your privacy and information.

On this Page

- What is your digital footprint?
- Tips to protect your privacy online
- Deleting things you've shared online
- Changing your privacy settings
- Keeping your information secure



[How to Stay Safe Online](#)

[Privacy Settings](#)

GROOMING

Anyone can experience grooming, and it can have a big effect on you if it's happened. Find out more about what it is, and what to do if you're worried.

On this Page

- What is grooming?
- Coping after grooming
- Signs of grooming
- Online Grooming
- Worrying about someone else



SEXTING AND SENDING NUDES

If you're feeling pressured or something's gone wrong after sending a nude, we've got advice to help.

On this Page

- What is sexting?
- What to do if you've shared a nude
- Coping with pressure to send nudes
- Is sexting legal?
- Block and report bullying or sexting
- Can I ask someone for a nude?



[Online Grooming](#)

[Sexting and Sending Nudes](#)



Relationships and Sex Education (RSE) Consultation

Every three years, schools in the UK are required to run a staff and parent consultation on their relationships and sex education (RSE) provision - for those of you who had children here in 2021, you may remember the last time we did this. The consultation window has come around again and we look forward to hearing your views in our survey.

The questionnaire takes around 5 minutes to fill in, but your input to this is invaluable; as parents and carers, you have unique insights into the needs, issues and skills of our students at Carnforth High School. Your feedback from this will help us to continue to strive to have a valuable, tailor-made PSHE curriculum that meets all the statutory requirements but will also hopefully will make a difference in the wider school community. Here is the link - <https://forms.office.com/e/TAtbcUzQD2>

Please note that there is currently a review being conducted by the government to update the RSHE guidance and what should be taught in the classroom. There is a helpful overview of their suggested updates here - <https://educationhub.blog.gov.uk/2024/05/16/new-rshe-guidance-what-it-means-for-sex-education-lessons-in-schools/>. Our current scheme of learning is in line with the government's previous guidance and ensures that sensitive topics are taught at an age-appropriate time, but once this review has been finalised, some aspects of our curriculum may change next year, with any new topics being added.

Thank you,

Mrs S Gregory

Subject Leader of Life Skills
Carnforth High School



Department
for Education

New RSHE guidance:

What it means for
sex education lessons
in schools





Lancaster and Morecambe College Community Open Day

Lancaster and Morecambe College (where many of our students go after they leave CHS) are holding an upcoming Community Open Day on **Saturday, 6th July between 11am - 3pm**. Please see the poster on the next page, and the text below, for more details.

“This is a free community event for students (primary, secondary, and 6th formers), their parents and little ones! We'll have all of our course areas open for visitors to take part in taster activities and activities, speak to our tutors and find out about our courses. We'll also be joined by a range of organisations and charities who will be there to offer activities, information on what they do, and how visitors can get involved (see below for the guest list).

We'll also have a football game hosted by our Football Studies tutor for anyone who has applied for (or are interested in) our Football Studies course. Alongside this, our Creative & Visual students' end-of-year exhibitions will be on display for all to see.

We are thankful for the local council to provide funding for food for all visitors as an added bonus, so all things considered it's a great trip out to see LMC and local groups!

You can register using the link below (or turn up on the day):

<https://www.lmc.ac.uk/events/community-open-day>



Lancaster &
Morecambe
College

COMMUNITY OPEN DAY

Did you know its our
200th birthday this year??

To celebrate, we are throwing open our gates to
welcome the community onto our campus for some
FREE fun activities, taster sessions and food!

Saturday 6 July, 11am-3pm

Lancaster & Morecambe College

Charities & organisations attending

Beyond Radio • Morecambe Football Club
Re:Set Wellness Centre • SAFE • Let's Be Friends
Citizen's Advice North Lancashire • Birchall Trust
Gallico Lounge Lancaster • Lancaster University
Lancashire Fire and Rescue • Razzamatazz
Lancashire Volunteer Partnership • Tyre Safe UK & Westgate Tyres
Lancashire Mind • Eggcup • TP Financial Solutions
The Armed Forces • INSPIRA • Mini First Aid Lancashire
LTS Training Services • NeuroDropin
Escape 2 Make • Lancaster CVS and more....

For more information visit
lmc.ac.uk/events/community-open-day



Lancaster &
Morecambe
College

Celebrating 200 Years of Learning



Ripley ITT: Primary and Secondary Teacher Training

Train to become a primary or secondary teacher with Ripley ITT. Our team is dedicated to ensuring that you become the primary or secondary teacher who makes a difference. Our team will provide a solid base of training to guide you through your training year, make excellent progress and ultimately, become a fantastic teacher who will impact future generations of children and learners.

What does our programme include?

- A QTS recommendation in 12 months
- An online PGCE comprised of three modules
- Observations of expert practitioners in school
- A gradual approach to teaching to work at your own pace
- Personal tutor and mentor support
- An experienced Ripley ITT team, there to support you at every stage

Our support

Teacher training years are an intensive route into the profession, and we'll be here to support you through every step. You will be supported by a Ripley ITT personal tutor as well as an in-school mentor, who will provide coaching, planning support as well as ensuring your wellbeing is looked after and your workload is manageable.

Find out more

Recruiting the best primary and secondary teachers is our main goal. In 2022-23, 100% of our trainees/apprentices secured employment and we pride ourselves on developing the best teachers to put into schools in the region and across the country. If you know someone who shares that passion for teaching and learning, please share this email and booklet and guide them towards our application process of open events:

Eventbrite: <https://www.eventbrite.co.uk/o/ripley-itt-41218351803>

Apply: <https://www.ripleyitt.co.uk/how-to-apply/>

For more information, please visit our website, contact us, or follow us on our social media:

Website: www.ripleyitt.co.uk

Email: ITT@ripley.lancs.sch.uk

Tel: 01524 64496

Twitter and Facebook: @RipleyITT

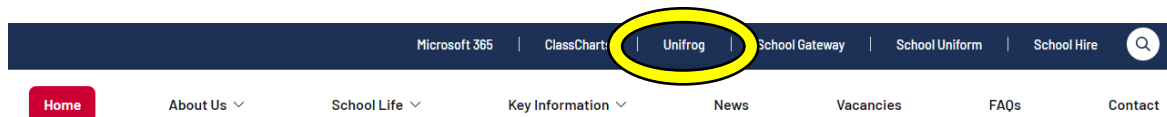
PLANS IN PLACE

Year 10 Work Experience is Nearly Here!

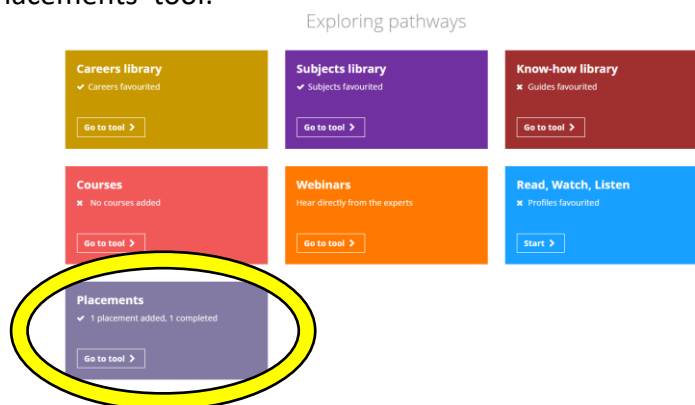
It's only **1 week** until Work Experience begins for Year 10! Please see the reminders below. Students will be having a final briefing assembly about Work Experience with Mr McGauran and receiving the paperwork that they need to bring on placement with them as well. If you are a Year 10 parent, you will receive a separate email containing everything you need to know at the start of this week. Please remember that:

- You need to notify school ASAP if your child is absent from their placement for any reason
- If your child is not attending their placement, they need to attend school (unless you inform us and the employer that they are ill) where lessons and talks will be taking place

Students can see if their placement is fully confirmed (or what stage it's at) by logging into Unifrog from the top of the school website homepage:



And then going to the 'Placements' tool:



If their placement looks like this, then the employer still hasn't responded to the email they've been sent and the student needs to chase this up with an email, phone call or visit:

Student initial	Employer initial	P/G agreement
Permission	School check-in	Employer review
Student reflection		

If their placement looks like this, then the employer has completed the initial paperwork, but school has not yet approved the placement as we are waiting on more information, such as insurance or Risk Assessment details, which we have asked them for:

Student initial	Employer initial	P/G agreement
Permission	School check-in	Employer review
Student reflection		

If their placement looks like this, then the placement is approved by school and good to go!:

Student initial	Employer initial	P/G agreement
Permission	School check-in	Employer review
Student reflection		

Anyone who is not out on Work Experience for the week, or for any given day of the week, **will need to be in school for the usual school day times**. There will be English, Maths and Science lessons, plus some lessons around careers and career skills, as well as visitors to work with the students.

Getting Ready

Students who are going out on placement need to be ready! To ensure that they are, they need to go to the 'Placements' tool on Unifrog and click 'more' on the 'Employer initial form.'

Mr McGauran's Fake Business Added 5 May 23
Scheduled for: **06 May 23 - 07 May 23** Type: **In person**

- 1 **Student initial form** Completed on 5 May 2023 [more](#) ✓
- 2 **Employer initial form** Completed on 5 May 2023 [more](#) ✓
- 3 **Parent / Guardian agreement** Completed on 5 May 2023 [more](#) ✓
- 4 **Permission** Completed on 5 May 2023 [more](#) ✓

This is where the employer has provided key details such as the **times to be at work**, which can vary from place to place:

Working hours 7.30 to 4pm

Working hours 8:30 - 3:15

Please note: your child will need to check **which days** the placement is taking place, as some businesses (most often hairdressers) may be closed for one day during the week.

Employers will also have said **what to wear**. You may have to support your child in understanding this, as employers use terms like 'casual' and 'smart:'

Dress code	Smart all black
Is PPE or other special safety equipment required?	Yes: Gloves and apron

Dress code	Casual
Is PPE or other special safety equipment required?	Yes: Flame retardant overalls and steel toe boots will be provided.

Dress code	Work pants and steel toed boots, waterproof jacket for rain
Is PPE or other special safety equipment required?	Yes: We will supply Gloves, dusk mask and eye protection on arrival.

Please pay particular attention to the 'dress code' area as some businesses require students to bring their own Personal Protective Equipment (most often steel toe-capped boots) in some work environments. Steel toe-capped boots can be found at Amazon for £15.99 ([Amazon steel toe boots](#)), Screwfix for £19.99 ([Screwfix steel toe boots](#)), Sports Direct for £24.99 ([Sports Direct steel toe boots](#)) and other retailers.



If students need to have something like this, then next week's half term is the ideal time to find it. If your child is in receipt of Pupil Premium funding and you would like to use this towards equipment or clothing for Work Experience, please contact me at emcgauran@carnforthhigh.co.uk to discuss this.

Calling the Employer

In a lesson about all of the above in form time this week we're advising that students check all this information (and make some notes) and then call the employer. This is the best way to ensure that they know the answers to the following in advance of their placement:

- What days they are working during the week
- What times they are working during the week (including whether they have an early start on the first day)
- What they need to wear
- Whether they need to buy/bring PPE etc., e.g. steel toe-capped boots
- What the lunch arrangements will be

If they need any support with this they can speak to me (Mr McGauran) or Ms Taaffe in our office across from T2 in the Technology corridor.

Just Before Work Experience Week

In the week before Work Experience Week, each Year 10 group's RISE lesson will be dedicated to final preparations for the week, including how to behave on placement, what to know about Health and Safety, key safeguarding information and how to contact us for support at any time. They will also be given a workbook and pack of information to take with them to the placement, and will be visited on placement, where possible, by a member of staff from school within the first three days of their placement. I will write to you again closer to the time with more information about this.

Thank you again for your support,

Emmet J. McGauran

Assistant Headteacher for Personal Development
Carnforth High School



Track and Field Cup B Final

Following good performances at the recent track and field cup the junior and inter boys team qualified for the ESAA track and field cup 'B' final. This took place at Stanley Park, Blackpool, on Tuesday 4th June. The standard for the final was very high, with all the schools qualifying to be there. The weather conditions were extremely challenging and not what you would expect for British summer time athletics!

The junior boys, made up of years 7 and 8 students, finished in 7th place out of 10 schools. The team scored 233 points. There were a number of standout performances. Kenzie B scored 15 points in the 200m with a time of 29.0 seconds. George scored 16 points in the 300m with a time of 44.8 seconds. Theo B-S scored 16 points with a shot-put throw of 9.02m. Joseph and Blake performed well together on the 800m. Blake with 15 points and a time of 2.45 minutes and Joe with 14 points and a time of 2.48 minutes. Well done to all the junior boys who worked well as a team, against high quality opposition, in very challenging weather conditions.

The inter boys, who were forced into a couple of changes to the team sheet from the qualifier due to injury, finished in 12th place, with 185 points. Robert P top scored with 16 points in the 300m, with a time of 41.9 seconds. Toby threw the javelin 31.54m to score 15 points. Charlie and Harvey both ran well in the 800m. Harvey scored 14 points and Charlie 13, both completing the course in sub 5 minutes 20 seconds.





Rounders Matches vs MBA and LGGS

Year 7, 8 and 9 Carnforth Rounders teams took on LGGS and MBA on June 5th. The year 9s only played MBA as the LGGS could not bring a team. The girls battled through a very intense two innings, drawing 8 all after the first 27 balls each. They went on into the second innings to overcome MBA's batting challenges and made some great decisions while fielding to get the whole team out. With some excellent batting performances, the overall score finished 16.6 to Carnforth and 15 to MBA. Well done to the girls in the year 9, and well done to the nominated player of the match Millie.

The year 8 rounders team was made up of some year 8 and 9's due to low numbers in the year 8 team. Unfortunately, after playing both matches against LGGS and MBA their scores were 12.5- 4.5 and 9-4.5 in the other teams favour respectively. However, all players gave it their all, and had some great batting and fielding moments, but it was not enough to secure the win during either match. Well done to the nominated player of the matches Darcy and Millie.

The year 7 team battled well during both their Rounders match. When playing against MBA the girls showed great decision making when fielding and had some excellent attempts at stumping the opposition out. The overall score was 8-5 to MBA, well done to the nominated player of the match Lexi. During the match against LGGS the girls shone with their batting skills with some cracking hits from Emily and Lexi, with the overall score ending in 5.5 rounders each, so it was a draw. Well done to nominated player of the match Jasmine.



Sports Transport and Fixture Payments

The PE department is offering the opportunity for parents to make a one-time payment at the start of the 2023/24 academic year of £25 to cover their child's extra-curricular fixture transport payments. Currently the PE department charges £1 for home fixtures and £2 for away fixtures, this covers a percentage of cost for transport and competition fees, this will remain in place for parents who do not wish to make the £25 one-time payment. We believe that this for some parents will be a preferential method of payment for their child's sporting fixtures throughout the school year.

The PE department will be providing students with a letter in the coming days with details of how to make the payment via SchoolComms. For details or any further questions please contact Mr Chambers on cchambers@carnforthhigh.co.uk.



Carnforth
High School



PE Department Extra Curricular Timetable April - May 2024

	<u>LUNCH 12.45pm - 1.15pm</u>	<u>AFTERSCHOOL 3.30pm - 4.30pm</u>
<u>MONDAY</u>	Sportsability Club (AB & CM)	Y7-10 Cricket (JD) Y8, 9 & 10 Fitness (CM)
<u>TUESDAY</u>	Showcase Dance Club (AB)	Showcase Dance Club (AB)
<u>WEDNESDAY</u>	Showcase Dance Club (AB)	Y7-10 Girls Athletics (NS & AB) Y7-10 Boys Athletics (JD & CC)
<u>THURSDAY</u>	Gymnastics Vaulting Club (AB & NS & CM)	Y7-11 Girls Rounders (NS & AB & CM)
<u>FRIDAY</u>		GCSE Intervention - Sports Gallery (CC)

Boys & Girls Y7-11 if you are a regular team member, please look on the fixtures board for this half term's fixture list.

Look out for Future Issues!

This year our school newsletter will be released **every two weeks** via Schoolcomms email and the school's website. Look out for future issues for all the latest information about what's going on in and around Carnforth High School and the local community.

CONFIDENCE

PURPOSE

RESPECT