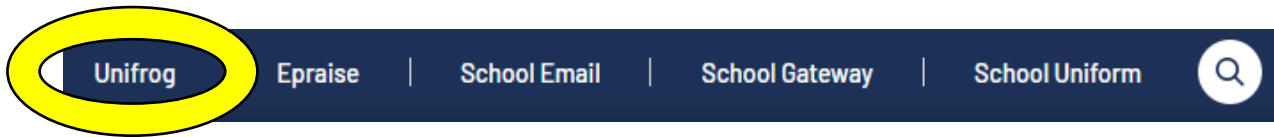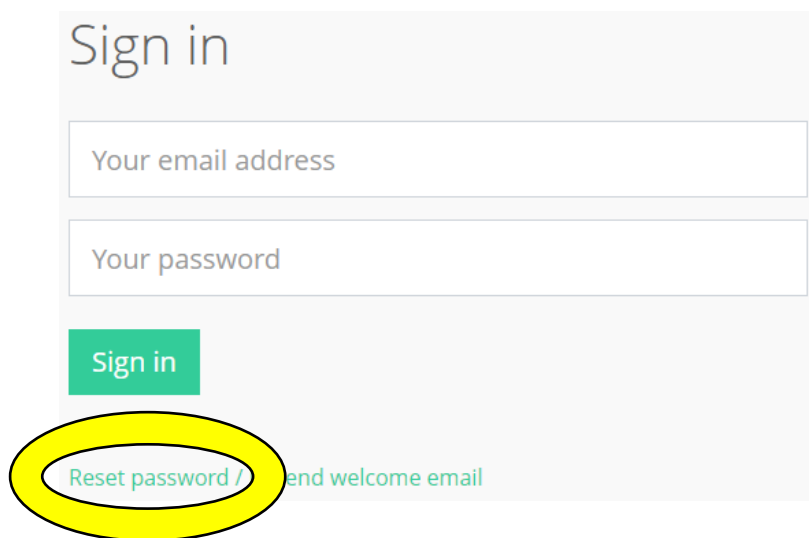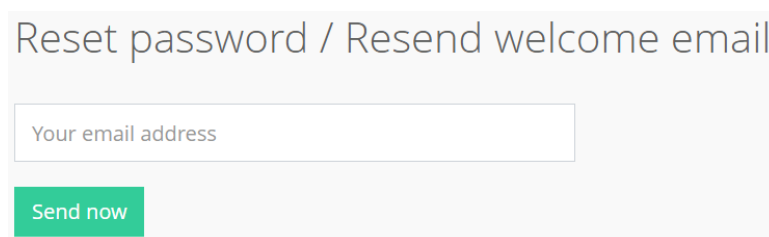# How to Reset Your Unifrog Password

2022/23

You can log into Unifrog from the school website by clicking 'Unifrog' at the top of the page:

This takes you to the Unifrog sign in page. **You need to log in with your school email address** (this begins with the year you started school and will look something like this: 18bsmith@carnforthhigh.co.uk). If you have forgotten your password, click on 'Reset password:'

This will take you to the password reset screen, where you must input **your school email address** (this begins with the year you started school and will look something like this: 18bsmith@carnforthhigh.co.uk):

Clicking 'Send now' will send an email to your school email address. You can sign in to your school emails from the school website by clicking 'School Email' at the top of the page:

If you don't know your school email password you will need to speak to a member of the IT team in school. They are the only ones who can reset this password. Their office is on the upper technology corridor, across from M6.