



CONFIDENCE PURPOSE RESPECT



Principal's Message

As we approach half term, we're excited to announce that we will be launching our new school website in the coming weeks. We hope this will provide the best portal for parents to access a range of important information about the school and what support is available. Year 11s will be completing their second mock series from this week onwards, which will prepare them for their forthcoming exams in May, as well as giving their teachers the chance to identify how best to prepare them.

Important Upcoming Dates

- Monday 7th February:** Year 11 Mocks (Series 2) Begin
- Friday 11th February:** School Closes at 3.25pm for Half Term
- Monday 21st February:** School Re-Opens for All Students After Half Term
- Tuesday 1st March:** Year 9 Options Evening
- Thursday 3rd March:** Enrichment Day 3 – British Values and Wellbeing Day
- Thursday 10th March:** Year 11 Progress Report Gradecards Issued

What Timetable Week Is It?

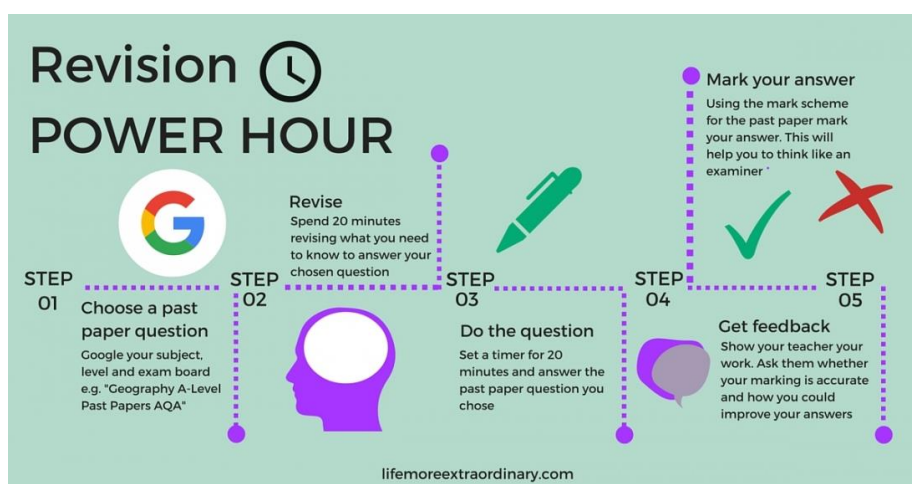
W.B. 7/2/22 =
WEEK A

W.B. 21/2/22 =
WEEK B

Year 11 GCSE Mocks – Series 2

Please remember that we begin our second series of year 11 mocks this week. **Mocks will take place in the week before half term (beginning 7th February) and the week after half term (beginning 21st February).**

The full timetable for the second mock series was published in the last issue of this newsletter (emailed on 23rd January) and advice for supporting revision from a variety of subjects can also be found in that issue.



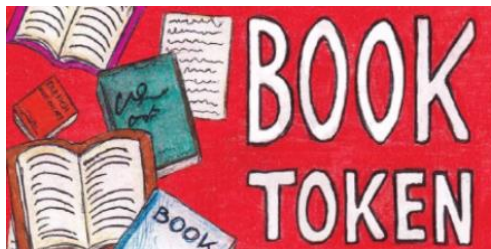


News from the Library

Since we returned after Christmas, Aimee Louise Garner has been running a weekly drawing competition for students in key stage 3. Each week she has informed students about the theme for the week, e.g. black and white super heroes, and each Thursday, along with a student Librarian, has judged the winners. First, second and third prizes have each been presented with a goodie bag from Aimee, which has included pieces of stationary and sweetie treats. Aimee's last week is next week when she will be having a Valentine's Day inspired competition.

Joe Barklam Hart from Year 9 has asked the Library to show his personal collection of his best poetry works. Joe has spent a long time putting this special collection together based upon his own experiences and those of close family members and friends. Joe is very proud of this work and would be extremely pleased if people who were interested would visit the Library to read through his poems. The collection is housed on the Reading Challenge book case.

Since Christmas we have welcomed Year 9 English classes to the Library. We are only a few weeks in, but it is great to see the space being used productively by members of this year group and their English teachers. Whereas the focus for Year 7 and 8 English lessons in the Library is Reciprocal Reading, the focus for Year 9 is on reading for pleasure and undertaking a weekly research task. It is a pleasure to work with all English classes in the Library and to be part of their Reading/Literacy journey.



Literacy Corner

This week's 'word of the week' from RE is inconsistent. Definition 1: not staying the same throughout. Example: "the quality of the material was often inconsistent". Definition 2: not compatible or in keeping with. Example: "a belief in Christianity is inconsistent with the use of violence."

'Drop Everything And Read' (DEAR) for years 7, 8 and 9 will be on Thursday P5 this week and Friday P1 the following week. Please make sure they remember to bring in their reading book or, if they don't have one, they can get in contact with our librarian Ms Fletcher to borrow a school library book. (efletcher@carnforthhigh.co.uk)

It is great to see lots of students taking part in the school 'Reading Challenge'. Please encourage them to keep going with this (or to make a start if they haven't already – It's not too late!) Each year group is being encouraged to read three out of four recommended books during the course of the academic year. The books fall into the following categories: Classic, fiction, non-fiction and award winner. They will then be asked to write a book review for each of the three books. If they complete this challenge, they will be awarded the 'Reading Accolade' on Epraise and will be entered into a prize draw for a £10 book token.

Behaviour for Learning

This week, students have had an assembly which outlined what constitutes good 'behaviour for learning'. We hope, that by making our expectations clear, students will better understand how to avoid sanctions. They should also benefit from a calmer, more purposeful working environment. The guidance falls into three categories: 'Instructions', 'Interactions' and 'Independent work'- also known as the three Is. (See below). If you would like to discuss the rationale behind the new 'behaviour for learning' expectations, please contact Mrs Barnes (abarnes@carforthhigh.co.uk).

INSTRUCTIONS

When your teacher is giving instructions or explaining something, you must:

- Put down your pen/ any other equipment
- Track the teacher as they move around the room
- Sit in silence

INTERACTIONS

During paired work, group work or whole class discussions, you must:

- Look at the person who is speaking
- Listen attentively to what they say
- Answer/ contribute as fully as possible

INDEPENDENT WORK

When you are working independently, you must:

- Work in silence (unless directed otherwise by your teacher)
- Put up your hand if you need help
- Proof-read your work for errors

Coats in School

Students have been allowed to wear their coats over their school uniform over the winter. **They should not be wearing hoodies, etc. as an alternative to a coat.** From Monday (7th February) the following rules will apply:

- Students must take off their coats when you arrive at your lesson
- The teacher may decide to allow some students to put them back on (e.g. if they sit next to an open window, as windows are still to be left open for ventilation)

Receptionist Leaving After 15 Years



Anyone who has ever worked in a school will know that reception is the true power house of the school; we'd all be lost without an excellent receptionist supporting students, staff and parents/carers every day! Our excellent receptionist for the last 15 years has been Mrs Dodson, who is leaving the school at the end of this half term.

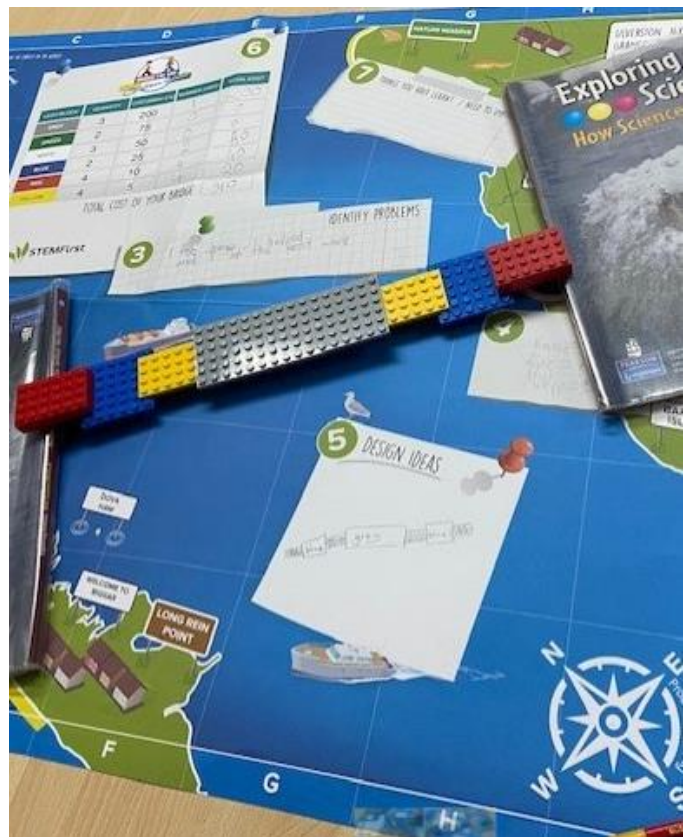
Mrs Dodson says "I would like to thank all students, parents and staff for all the support and kindness they have shown me over the past fifteen years. I will miss you all." We'll miss you too Mrs Dodson!

STEM First

On Tuesday 1st February a group of year 7 Science students took part in a STEM activity hosted online by STEM First. The aim of the session was to get students thinking about what science is needed for and develop different skills that many careers require.

The students worked in small groups to complete short tasks based on building bridges from Lego. One task asked them to rebuild a bridge in less than a minute, allowing them to see what working under pressure is like. They had to think about things such as engineering - the design of different bridges, time management to complete the tasks on time, finance and costing and sticking within a budget whilst each having a role within a team.

After the competition, 3 STEM ambassadors talked to the students about their jobs – they were a consultant from a water treatment company, a fuelling engineer from BAE and a micro engineer who worked in micro mathematics and microbiology, looking at drugs and health treatments. A couple of the bridges from the competition are shown here:





Our Life Skills Curriculum

As part of your child's education at CHS we promote personal wellbeing and development through a comprehensive Life Skills curriculum. This subject gives students the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. We hope that our students learning will be a constant conversation throughout their time at CHS, with their teachers, form tutors and with adults they trust at home too. With that in mind, we will be sharing the content that we are covering in Life Skills with you at the beginning of each half term so that you can have the opportunity to speak about these topics with your children outside of school too. Below are the topics that we are covering in Life Skills this half term:

Year 7	Year 8	Year 9	Year 10	Year 11
Puberty	Personal & Academic strengths/interests	Healthy & Unhealthy Relationships	Black history & Racism	Contraception & Sexual Health
Self-confidence	Different Careers in our area and beyond	Public Sexual Harassment	Extremism & Radicalisation	Sexual health – safe sex
Self-worth	The future career I would like	Managing unwanted attention	Refugees	Consent and 'good' sex
Body image	Job adverts/job progression		Homelessness	Fertility & options
Diversity in the UK	GCSE options		Hate Crime	Pregnancy/Parenting
Immigration	Managing money – borrowing		The right to protest	Abortion

We have designed the Life curriculum to meet all of the Department for Education's recent changes to relationships and sex education (RSE). As a reminder, it is also a requirement for us to let you know that if you do not want your child to take part in some or all of the sex education lessons that we deliver, you can ask that they are withdrawn. You will be asked to come into school to discuss this decision and we will grant this in all but exceptional circumstances, up until three school terms before your child turns 16, at which point they must choose for themselves. If you have any questions about this or the Life Skills Curriculum then please email Mrs Gregory, Teacher in Charge of Life Skills at sgregory@carforthhigh.co.uk.

Enrichment Day 3

You may recall that our second planned Enrichment Day on 21st January had to be postponed due to COVID measures, however we're pleased to say that Enrichment Day 3 on 3rd March has been given the go-ahead.

The day will combine elements from the original planned theme for Enrichment Day 2, 'British Values,' with work around wellbeing.

Like Enrichment Day 1 in November, the day will be a mix of classroom-based activities, talks from visitors and interactive workshops. So far we have revision support sessions booked in for year 11 and talks on the dangers of extremism, radicalisation and how the criminal justice system works as well as workshops around British Asian art, Arabic calligraphy and British/Asian food fusion for other year groups. Additionally, the day falls on World Book Day, so the English department will be creating sessions around this theme. Look out for more details in future issues!

PLANS IN PLACE

Apprenticeships

Apprenticeships are available in jobs as wide-ranging as Business Administration, Aircraft Engineering and Plumbing. Year 11 students can **apply for an Apprenticeship through their local colleges**. Please see the links below for the next Open Events at Lancaster & Morecambe and Kendal College.

There are also local Apprenticeship jobs which are open for applications now, these are Level 3 roles and you **apply directly to the company**. Please click on each link on the next page for further information.

If students need any help with applying for an Apprenticeship or anything else careers related, please contact our Careers Advisor, Ms Parr, at: aparr@carnforthhigh.co.uk. Alternatively, students can come



Apprenticeship Information Evening

📅 10 February 2022 ⌚ 6:00pm

<https://kendal.ac.uk/open-events/100222>



Apprenticeship Open Evening

Wednesday 30 March, 4.30pm - 7pm

www.lmc.ac.uk/events/apprenticeship-open-evening

See the links below for local apprenticeships that you can apply for by applying directly to the company.

nationalgrid

<https://careers.nationalgrid.com/search/job/0-26222>

BAE SYSTEMS

<https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships>

KwikFit

<https://www.ratemyapprenticeship.co.uk/jobs/6301/kwik-fit/apprentice-autocare-technician-level-2-kendal>

NATIONAL NUCLEAR
LABORATORY

<https://www.nnl.co.uk/careers/early-careers/>

SSE

<https://careers.sse.com/apprenticeships-and-trainees>

Here are some other websites to check out:

Business administration apprentice at Inspira:

<https://www.findapprenticeship.service.gov.uk/apprenticeship/-700816>

Teaching assistant apprentice at Ripley St Thomas Academy:

<https://www.findapprenticeship.service.gov.uk/apprenticeship/-701770>

Apprentice Dental Nurse at Lancaster Dental Clinic:

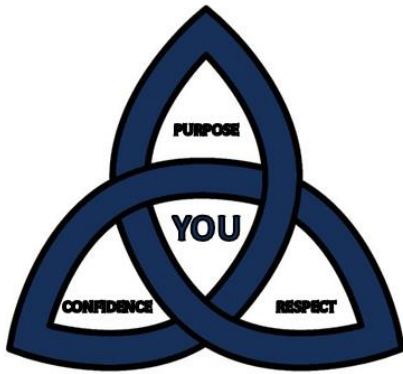
<https://www.findapprenticeship.service.gov.uk/apprenticeship/-659567>

Try looking for an apprenticeship that might suit your interests and goals at the search engine below:

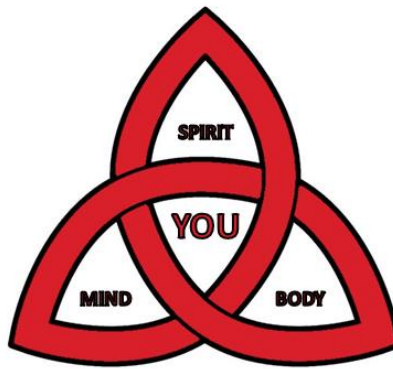
**Apprenticeships, Jobs, Reviews & Careers Advice For School & College
Leavers**

<https://www.ratemyapprenticeship.co.uk/>

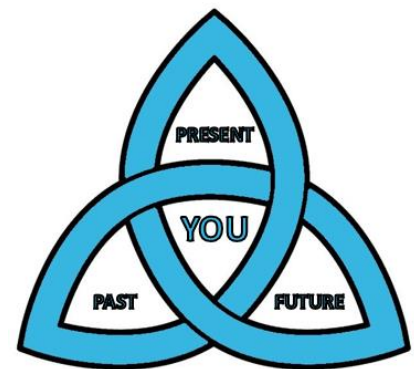
VALUES



STRENGTHS

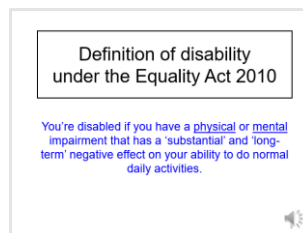


JOURNEY



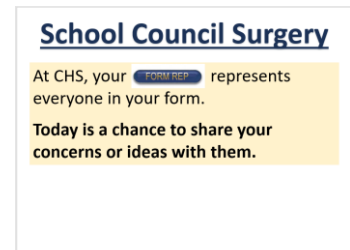
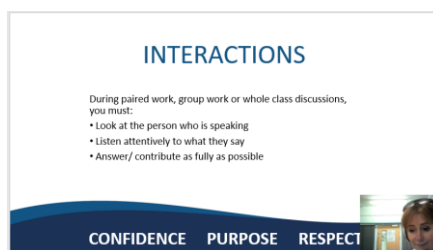
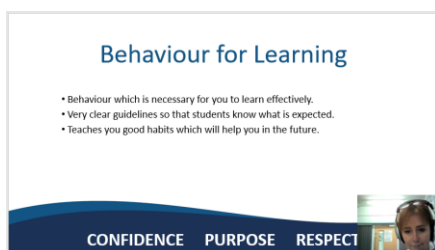
Personal Development – Assemblies Update

Our assemblies are used to help students develop their cultural capital, part of which is to understand key world events, how these affect them and be able to discuss these with others. Assemblies (and the activities students complete the next day) are closely linked to Spiritual, Moral, Social and Cultural development (SMSC). It's always great to find out how your children are developing in this area of personal development, as well as on their academic journey, so here is a quick summary of what we've been looking at in assembly over the last two weeks:



Assembly: Disability Awareness

Ms Carrington's assembly focussed on how 'disability' is defined in Britain but, more importantly, looked at the amazing contributions made by people with disabilities, such as Stephen Hawking, Nick Vujicic and Aaron Fotheringham.



Assembly: Behaviour for Learning and School Council

We launched our new Behaviour Policies with students. We discussed the importance of how we behave when instructions are being given, when interacting with others during work and when completing independent work. In form time, students shared their views with their form rep.



Eco-School Club – Potential Change to Food Packaging

The Eco-Schools group have been working on a project to replace the Styrofoam containers that food is served in at school. These containers take 500 years on average to decompose, and much of it ends up littering the countryside and oceans. There are discussions within government about them being banned by April this year as well.

The main issue we have found is that the cost of the biodegradable replacements is higher than the Styrofoam ones. The Eco-Schools group are sending a form to parents to ask if they would be willing to consider paying between 5-10p extra for a lunch, if it meant it was served in a biodegradable container. **Please click the link below to cast your vote:**

https://forms.office.com/Pages/ResponsePage.aspx?id=tLT72_-7rkiz4nz9GFlz6_XgFmsx9ltJihtJz8ReMeIURVRRTVdCQVRCTEJZQUIYT1NGRVpFUDZaQi4u

We recently had the same vote in forms. The results were as follows:

- Overall Y11, Y10 and Y8 were in support of the idea, while Y7 and Y9 were not
- The overall votes for the students were:

Yes: 193

No: 238

Although the overall vote was 'no' from students, there was a lot of support from students, especially in certain year groups. Many students were isolating during this time as well, so if they would like to add their vote, please ask them to message Mr Greenwood on Epraise with their vote.





Girls Football

The under 13 girls football team, comprising of players from years 8 and 9, played in a district football tournament on Thursday 20th January. The girls produced a great performance and beat Lancaster Girls Grammar School 3-1 in the first game. Goals were scored by Josie Hodkin, Martha Sowerby and Ginny Cross. The second game was a 2-0 defeat to overall winners Ripley. The third and final game was a 2-0 victory over Our Lady's with Martha and Ginny getting their second goals of the tournament. Two wins from three games and a great performance from all the girls involved. A special mention to Lucy Henderson and Violet Carradice, who played their first ever competitive football games and both played amazingly well.



On Thursday 27th January it was the turn of the under 15 girls football team. The girls won the first game 6-0 against Morecambe Bay Academy. Goals were scored by Jenta Walker, Isobel Costello and Martha Sowerby who was player of the match with four goals! The second game was another 6-0 win, this time against Ripley St Thomas. Goals were scored by Sophie Casson, Lauren Bell, Martha Sowerby and a first ever hat trick from Jenta Walker. Jenta was subsequently named player of the tournament. Two fantastic victories. Well done girls.



Year 11 GCSE PE Mock Exams

Year 11 GCSE PE mock exams will take place on the following dates:

- Thursday 10th February 2022: Fitness and body systems paper.
- Thursday 24th February 2022: Health and performance paper.

These two mock exams will cover all the content on the GCSE PE course and pupils have been provided with revision materials in lesson last week. Mr Chambers is running a GCSE PE **revision session on Monday lunch time every week in the Sports Gallery.**

PE Department Kit, Behaviour and Donations

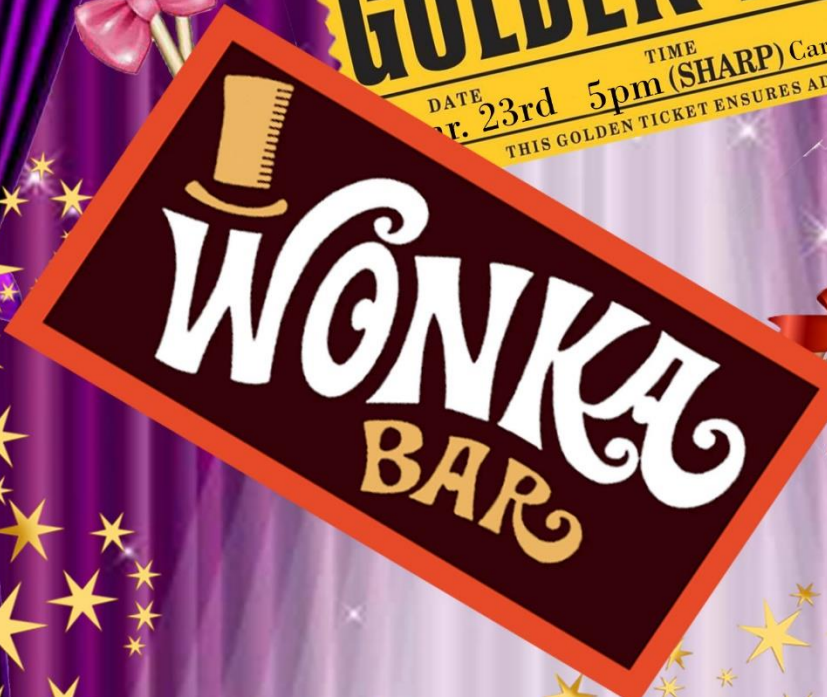
Well done to all the pupils who have followed the PE department zero tolerance policy on PE kit, trainers and behaviour. This policy was implemented at the start of the term and it is pleasing to see that around 95% of all pupils are now in full PE kit, including socks and trainers, for all PE lessons. The PE department would like to thank all parents for their support and for solving any kit issues that your child may have had. A reminder that it is a lunch time detention for any pupil who fails to bring any item of their PE kit, including appropriate footwear (trainers/boots), to their PE lesson. There are numerous signs around the PE department to remind all pupils of the expectations and behaviour that is expected in the PE department.

If any pupils/parents have any spare trainers or football boots that they would like to donate to the PE department then that would be greatly appreciated. Pupils will be rewarded with Epraise points for their donations. Please bring donated footwear to either the school reception or PE department.

CONFIDENCE PURPOSE RESPECT



CHARLIE AND THE CHOCOLATE FACTORY



March 23rd and 24th 2022

Tickets available from February 21st!

Step in to a world of pure imagination!